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Fire Island Coast Guard Station, NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:51**	2.4	**8:08**	1.7	**1:29**	-0.5	**2:25**	-0.4	7:16	4:36	
2	Sat	**8:40**	2.3	**9:01**	1.8	**2:20**	-0.5	**3:11**	-0.4	7:16	4:37	
3	Sun	**9:30**	2.2	**9:57**	1.8	**3:10**	-0.5	**3:59**	-0.4	7:16	4:38	
4	Mon	**10:23**	2.1	**10:57**	1.8	**4:05**	-0.4	**4:50**	-0.4	7:16	4:39	
5	Tue	**11:17**	1.9	**11:55**	1.8	**5:07**	-0.2	**5:43**	-0.3	7:16	4:40	
6	Wed			**12:09**	1.8	**6:10**	-0.1	**6:35**	-0.3	7:16	4:41	
7	Thu	**12:50**	1.8	**1:00**	1.6	**7:13**	0.0	**7:29**	-0.2	7:16	4:42	
8	Fri	**1:50**	1.8	**1:59**	1.4	**8:20**	0.1	**8:26**	-0.2	7:16	4:43	
9	Sat	**3:00**	1.8	**3:11**	1.3	**9:25**	0.1	**9:22**	-0.1	7:16	4:44	
10	Sun	**4:02**	1.8	**4:12**	1.3	**10:21**	0.1	**10:13**	-0.1	7:16	4:45	
11	Mon	**4:53**	1.9	**5:02**	1.3	**11:13**	0.1	**11:01**	-0.1	7:15	4:46	
12	Tue	**5:39**	1.9	**5:48**	1.3			**12:05**	0.0	7:15	4:47	
13	Wed	**6:23**	1.9	**6:33**	1.4			**12:54**	0.0	7:15	4:48	
14	Thu	**7:05**	1.9	**7:15**	1.4	**12:39**	-0.2	**1:37**	-0.1	7:14	4:49	
15	Fri	**7:43**	1.9	**7:53**	1.4	**1:24**	-0.2	**2:13**	-0.1	7:14	4:50	
16	Sat	**8:18**	1.9	**8:30**	1.5	**2:03**	-0.2	**2:47**	-0.1	7:14	4:51	
17	Sun	**8:52**	1.9	**9:08**	1.5	**2:40**	-0.2	**3:20**	-0.1	7:13	4:52	
18	Mon	**9:27**	1.8	**9:48**	1.5	**3:17**	-0.1	**3:55**	-0.1	7:13	4:53	
19	Tue	**10:04**	1.7	**10:32**	1.5	**3:56**	0.0	**4:31**	-0.1	7:12	4:55	
20	Wed	**10:44**	1.6	**11:17**	1.6	**4:42**	0.0	**5:11**	0.0	7:12	4:56	
21	Thu	**11:26**	1.5			**5:33**	0.1	**5:52**	0.0	7:11	4:57	
22	Fri	**12:02**	1.6	**12:08**	1.5	**6:27**	0.2	**6:36**	0.0	7:10	4:58	
23	Sat	**12:48**	1.7	**12:53**	1.4	**7:24**	0.2	**7:25**	0.0	7:10	4:59	
24	Sun	**1:44**	1.7	**1:51**	1.3	**8:30**	0.2	**8:23**	-0.1	7:09	5:00	
25	Mon	**2:54**	1.8	**3:04**	1.3	**9:34**	0.1	**9:24**	-0.2	7:08	5:02	
26	Tue	**4:00**	1.9	**4:11**	1.4	**10:31**	0.0	**10:21**	-0.3	7:07	5:03	
27	Wed	**4:56**	2.1	**5:08**	1.5	**11:27**	-0.1	**11:17**	-0.4	7:07	5:04	
28	Thu	**5:49**	2.2	**6:04**	1.6			**12:23**	-0.2	7:06	5:05	
29	Fri	**6:43**	2.3	**7:00**	1.7	**12:17**	-0.5	**1:16**	-0.3	7:05	5:07	
30	Sat	**7:34**	2.3	**7:53**	1.9	**1:15**	-0.5	**2:03**	-0.4	7:04	5:08	
31	Sun	**8:22**	2.3	**8:44**	1.9	**2:08**	-0.6	**2:47**	-0.5	7:03	5:09	