

































## Fire Island Light, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:12	0.8	6:46	0.7	12:28	-0.1	1:30	-0.1	7:16	4:36	
2	Fri	7:08	0.9	7:41	0.7	1:25	-0.1	2:25	-0.1	7:16	4:37	
3	Sat	8:01	0.9	8:34	0.7	2:22	-0.1	3:18	-0.1	7:16	4:38	
4	Sun	8:52	0.9	9:26	0.7	3:17	-0.1	4:08	-0.2	7:16	4:39	
5	Mon	9:42	0.8	10:19	0.7	4:09	-0.1	4:55	-0.1	7:16	4:40	
6	Tue	10:32	0.8	11:11	0.7	4:58	-0.1	5:39	-0.1	7:16	4:41	
7	Wed	11:23	0.7			5:45	0.0	6:23	-0.1	7:16	4:41	
8	Thu	12:04	0.7	12:13	0.7	6:34	0.0	7:07	0.0	7:16	4:42	
9	Fri	12:54	0.7	1:02	0.6	7:27	0.1	7:54	0.0	7:16	4:43	
10	Sat	1:41	0.6	1:50	0.6	8:25	0.1	8:45	0.0	7:15	4:45	
11	Sun	2:28	0.6	2:39	0.5	9:28	0.1	9:37	0.1	7:15	4:46	
12	Mon	3:15	0.6	3:31	0.5	10:28	0.1	10:30	0.1	7:15	4:47	
13	Tue	4:08	0.6	4:30	0.5	11:22	0.1	11:20	0.1	7:15	4:48	
14	Wed	5:03	0.6	5:29	0.5			12:12	0.1	7:14	4:49	
15	Thu	5:55	0.7	6:21	0.5	12:08	0.1	12:59	0.0	7:14	4:50	
16	Fri	6:41	0.7	7:07	0.5	12:54	0.0	1:44	0.0	7:13	4:51	
17	Sat	7:22	0.7	7:48	0.6	1:39	0.0	2:28	0.0	7:13	4:52	
18	Sun	8:00	0.7	8:26	0.6	2:24	0.0	3:11	0.0	7:12	4:53	
19	Mon	8:37	0.7	9:03	0.6	3:08	0.0	3:50	-0.1	7:12	4:54	
20	Tue	9:13	0.7	9:40	0.6	3:49	0.0	4:27	-0.1	7:11	4:56	
21	Wed	9:50	0.7	10:19	0.6	4:29	0.0	5:02	-0.1	7:11	4:57	
22	Thu	10:31	0.7	11:02	0.6	5:08	0.0	5:36	-0.1	7:10	4:58	
23	Fri	11:17	0.7	11:50	0.7	5:50	0.0	6:13	-0.1	7:09	4:59	
24	Sat			12:08	0.6	6:38	0.0	6:55	0.0	7:09	5:00	
25	Sun	12:43	0.7	1:05	0.6	7:39	0.0	7:48	0.0	7:08	5:02	
26	Mon	1:38	0.7	2:05	0.6	8:55	0.1	8:54	0.0	7:07	5:03	
27	Tue	2:38	0.7	3:10	0.6	10:11	0.0	10:07	0.0	7:06	5:04	
28	Wed	3:44	0.7	4:22	0.6	11:19	0.0	11:15	0.0	7:05	5:05	
29	Thu	4:55	0.7	5:33	0.6			12:20	0.0	7:05	5:06	
30	Fri	6:01	0.8	6:35	0.6	12:17	-0.1	1:17	-0.1	7:04	5:08	
31	Sat	6:58	0.8	7:29	0.7	1:15	-0.1	2:10	-0.1	7:03	5:09	