

Fort Hamilton, The Narrows, NY - Jan 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:56	4.8	6:24	3.8			12:34	0.1	7:19	4:39	
2	Thu	6:36	4.8	7:06	3.9	12:20	0.2	1:17	0.0	7:20	4:40	
3	Fri	7:14	4.9	7:46	3.9	1:04	0.2	2:00	-0.1	7:20	4:41	
4	Sat	7:50	4.9	8:25	3.9	1:47	0.2	2:39	-0.1	7:20	4:42	
5	Sun	8:25	4.8	9:03	3.9	2:28	0.2	3:16	-0.2	7:20	4:43	
6	Mon	8:59	4.7	9:42	3.9	3:06	0.2	3:51	-0.1	7:19	4:44	
7	Tue	9:34	4.6	10:22	3.9	3:43	0.2	4:24	-0.1	7:19	4:45	
8	Wed	10:14	4.5	11:06	4.0	4:20	0.3	4:57	0.0	7:19	4:46	
9	Thu	11:00	4.3	11:53	4.1	5:02	0.4	5:33	0.0	7:19	4:47	
10	Fri	11:52	4.1			5:54	0.5	6:18	0.1	7:19	4:48	
11	Sat	12:43	4.3	12:49	4.0	7:02	0.6	7:16	0.1	7:19	4:49	
12	Sun	1:36	4.5	1:49	3.8	8:19	0.5	8:24	0.1	7:18	4:50	
13	Mon	2:35	4.8	2:56	3.8	9:30	0.3	9:31	0.0	7:18	4:51	
14	Tue	3:41	5.0	4:10	3.8	10:34	-0.1	10:34	-0.2	7:18	4:52	
15	Wed	4:48	5.3	5:18	4.1	11:33	-0.4	11:33	-0.5	7:17	4:53	
16	Thu	5:49	5.6	6:18	4.3			12:29	-0.7	7:17	4:54	
17	Fri	6:44	5.8	7:12	4.6	12:31	-0.7	1:24	-1.0	7:16	4:55	
18	Sat	7:35	5.8	8:05	4.8	1:29	-0.8	2:16	-1.1	7:16	4:57	
19	Sun	8:26	5.8	8:57	4.8	2:23	-0.9	3:04	-1.2	7:15	4:58	
20	Mon	9:16	5.6	9:49	4.8	3:14	-0.8	3:49	-1.1	7:15	4:59	
21	Tue	10:06	5.2	10:40	4.7	4:02	-0.6	4:32	-0.9	7:14	5:00	
22	Wed	10:57	4.8	11:31	4.6	4:50	-0.3	5:15	-0.6	7:13	5:01	
23	Thu	11:47	4.4			5:40	0.0	5:59	-0.3	7:13	5:02	
24	Fri	12:21	4.4	12:37	4.1	6:36	0.4	6:47	0.1	7:12	5:04	
25	Sat	1:08	4.3	1:26	3.7	7:38	0.6	7:40	0.3	7:11	5:05	
26	Sun	1:55	4.2	2:17	3.5	8:42	0.7	8:35	0.5	7:11	5:06	
27	Mon	2:45	4.1	3:14	3.3	9:41	0.6	9:30	0.6	7:10	5:07	
28	Tue	3:41	4.1	4:15	3.3	10:34	0.5	10:22	0.5	7:09	5:08	
29	Wed	4:39	4.2	5:13	3.4	11:23	0.3	11:11	0.4	7:08	5:10	
30	Thu	5:31	4.4	6:02	3.6			12:08	0.1	7:07	5:11	
31	Fri	6:15	4.5	6:45	3.8			12:52	0.0	7:06	5:12	