

Fort Hamilton, The Narrows, NY - Mar 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:47	4.4	6:18	4.0			12:20	0.1	6:29	5:47	
2	Sun	6:28	4.7	6:56	4.3	12:19	0.1	1:01	-0.2	6:28	5:48	
3	Mon	7:05	4.8	7:32	4.6	1:04	-0.1	1:40	-0.3	6:26	5:49	
4	Tue	7:40	4.9	8:07	4.8	1:47	-0.2	2:17	-0.4	6:25	5:50	
5	Wed	8:16	4.9	8:43	4.9	2:29	-0.4	2:52	-0.5	6:23	5:51	
6	Thu	8:53	4.8	9:21	5.0	3:10	-0.4	3:26	-0.5	6:22	5:52	
7	Fri	9:35	4.6	10:04	5.0	3:51	-0.4	4:01	-0.4	6:20	5:54	
8	Sat	10:22	4.3	10:54	5.0	4:35	-0.2	4:38	-0.2	6:18	5:55	
9	Sun	11:18	4.1	11:51	4.9	5:24	0.0	5:23	0.0	6:17	5:56	
10	Mon			12:20	3.9	6:27	0.2	6:24	0.3	6:15	5:57	
11	Tue	12:54	4.8	1:25	3.8	7:43	0.4	7:45	0.5	6:14	5:58	
12	Wed	1:59	4.8	2:34	3.8	8:58	0.3	9:06	0.4	6:12	5:59	
13	Thu	3:09	4.8	3:48	4.0	10:04	0.1	10:15	0.2	6:10	6:00	
14	Fri	4:20	4.9	4:56	4.3	11:01	-0.2	11:15	-0.1	6:09	6:01	
15	Sat	5:22	5.1	5:53	4.7	11:53	-0.5			6:07	6:02	
16	Sun	6:15	5.3	6:41	5.1	12:10	-0.4	12:41	-0.7	6:05	6:03	
17	Mon	7:01	5.4	7:26	5.3	1:01	-0.5	1:26	-0.8	6:04	6:04	
18	Tue	7:45	5.3	8:08	5.4	1:50	-0.6	2:09	-0.8	6:02	6:05	
19	Wed	8:27	5.2	8:48	5.3	2:35	-0.6	2:48	-0.6	6:00	6:06	
20	Thu	9:10	4.9	9:28	5.2	3:18	-0.5	3:25	-0.4	5:59	6:08	
21	Fri	9:53	4.5	10:08	4.9	3:58	-0.2	4:00	-0.1	5:57	6:09	
22	Sat	10:38	4.2	10:51	4.7	4:37	0.1	4:34	0.2	5:55	6:10	
23	Sun	11:27	3.9	11:36	4.4	5:18	0.4	5:09	0.6	5:54	6:11	
24	Mon			12:17	3.7	6:06	0.7	5:52	0.9	5:52	6:12	
25	Tue	12:25	4.2	1:09	3.5	7:07	1.0	6:51	1.2	5:51	6:13	
26	Wed	1:16	4.0	2:04	3.5	8:16	1.1	8:07	1.3	5:49	6:14	
27	Thu	2:12	4.0	3:03	3.5	9:19	1.0	9:16	1.1	5:47	6:15	
28	Fri	3:13	4.0	4:04	3.7	10:13	0.8	10:13	0.9	5:46	6:16	
29	Sat	4:15	4.2	4:58	4.0	10:59	0.5	11:04	0.6	5:44	6:17	
30	Sun	5:08	4.4	5:43	4.4	11:41	0.2	11:51	0.3	5:42	6:18	
31	Mon	5:53	4.7	6:22	4.8			12:21	0.0	5:41	6:19	