

Fort Hamilton, The Narrows, NY - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:05	4.9	9:25	6.4	3:23	-0.5	3:21	-0.1	5:27	8:20	
2	Mon	10:01	4.9	10:20	6.2	4:15	-0.5	4:15	0.0	5:26	8:21	
3	Tue	11:00	4.9	11:19	6.0	5:05	-0.5	5:09	0.1	5:26	8:21	
4	Wed			12:03	4.9	5:57	-0.3	6:05	0.4	5:26	8:22	
5	Thu	12:20	5.7	1:04	4.9	6:52	-0.1	7:07	0.6	5:25	8:23	
6	Fri	1:19	5.4	2:00	5.0	7:50	0.1	8:16	0.8	5:25	8:23	
7	Sat	2:14	5.1	2:54	5.1	8:48	0.2	9:24	0.9	5:25	8:24	
8	Sun	3:08	4.9	3:47	5.1	9:43	0.3	10:26	0.8	5:25	8:25	
9	Mon	4:03	4.6	4:41	5.2	10:34	0.3	11:21	0.7	5:24	8:25	
10	Tue	5:00	4.5	5:33	5.3	11:20	0.4			5:24	8:26	
11	Wed	5:55	4.4	6:20	5.4	12:11	0.6	12:04	0.5	5:24	8:26	
12	Thu	6:45	4.4	7:03	5.5	12:57	0.5	12:46	0.5	5:24	8:27	
13	Fri	7:31	4.4	7:43	5.5	1:42	0.4	1:29	0.6	5:24	8:27	
14	Sat	8:14	4.4	8:21	5.5	2:27	0.4	2:12	0.7	5:24	8:28	
15	Sun	8:56	4.4	8:59	5.4	3:10	0.3	2:55	0.7	5:24	8:28	
16	Mon	9:38	4.3	9:36	5.2	3:50	0.3	3:36	0.8	5:24	8:28	
17	Tue	10:21	4.3	10:13	5.1	4:29	0.4	4:16	0.9	5:24	8:29	
18	Wed	11:05	4.2	10:51	4.9	5:05	0.5	4:53	1.0	5:24	8:29	
19	Thu	11:50	4.2	11:31	4.8	5:41	0.6	5:31	1.1	5:24	8:29	
20	Fri			12:35	4.2	6:16	0.7	6:12	1.3	5:25	8:30	
21	Sat	12:16	4.7	1:18	4.4	6:55	0.7	7:02	1.3	5:25	8:30	
22	Sun	1:03	4.6	2:01	4.6	7:39	0.8	8:07	1.3	5:25	8:30	
23	Mon	1:53	4.5	2:45	4.8	8:31	0.8	9:17	1.2	5:25	8:30	
24	Tue	2:46	4.4	3:35	5.1	9:26	0.7	10:22	0.9	5:26	8:30	
25	Wed	3:45	4.3	4:32	5.4	10:23	0.6	11:23	0.6	5:26	8:31	
26	Thu	4:53	4.3	5:32	5.7	11:19	0.4			5:26	8:31	
27	Fri	6:00	4.5	6:31	6.1	12:20	0.3	12:15	0.2	5:27	8:31	
28	Sat	7:00	4.7	7:26	6.3	1:16	0.0	1:12	0.1	5:27	8:31	
29	Sun	7:57	4.9	8:19	6.5	2:12	-0.3	2:10	-0.1	5:27	8:31	
30	Mon	8:52	5.0	9:13	6.4	3:07	-0.5	3:08	-0.1	5:28	8:31	