

Fort Hamilton, The Narrows, NY - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:48	5.1	10:08	6.3	3:59	-0.6	4:04	-0.1	5:28	8:30	
2	Wed	10:46	5.2	11:03	6.0	4:49	-0.6	4:57	0.0	5:29	8:30	
3	Thu	11:44	5.2			5:37	-0.5	5:51	0.2	5:29	8:30	
4	Fri	12:00	5.7	12:41	5.2	6:26	-0.3	6:48	0.5	5:30	8:30	
5	Sat	12:55	5.4	1:35	5.2	7:17	0.0	7:50	0.8	5:31	8:30	
6	Sun	1:48	5.0	2:25	5.2	8:10	0.2	8:55	0.9	5:31	8:29	
7	Mon	2:39	4.7	3:14	5.2	9:04	0.5	9:57	1.0	5:32	8:29	
8	Tue	3:31	4.4	4:05	5.1	9:56	0.6	10:54	0.9	5:33	8:29	
9	Wed	4:26	4.2	4:57	5.1	10:45	0.7	11:45	0.8	5:33	8:28	
10	Thu	5:24	4.1	5:49	5.2	11:32	0.8			5:34	8:28	
11	Fri	6:19	4.1	6:37	5.2	12:33	0.7	12:17	0.8	5:35	8:28	
12	Sat	7:08	4.2	7:20	5.3	1:18	0.6	1:02	0.8	5:35	8:27	
13	Sun	7:52	4.3	8:00	5.4	2:03	0.5	1:47	0.8	5:36	8:27	
14	Mon	8:34	4.4	8:38	5.4	2:46	0.4	2:32	0.8	5:37	8:26	
15	Tue	9:15	4.4	9:14	5.3	3:26	0.4	3:15	0.8	5:38	8:26	
16	Wed	9:55	4.5	9:49	5.2	4:04	0.3	3:56	0.8	5:38	8:25	
17	Thu	10:34	4.5	10:23	5.1	4:39	0.3	4:34	0.8	5:39	8:24	
18	Fri	11:13	4.5	11:00	4.9	5:11	0.4	5:10	0.9	5:40	8:24	
19	Sat	11:53	4.6	11:41	4.8	5:42	0.5	5:49	1.0	5:41	8:23	
20	Sun			12:35	4.7	6:14	0.5	6:34	1.1	5:42	8:22	
21	Mon	12:28	4.6	1:20	4.9	6:51	0.6	7:31	1.1	5:43	8:21	
22	Tue	1:20	4.5	2:07	5.1	7:38	0.7	8:43	1.1	5:43	8:21	
23	Wed	2:16	4.3	3:00	5.3	8:40	0.7	9:55	1.0	5:44	8:20	
24	Thu	3:17	4.2	4:01	5.5	9:49	0.7	11:02	0.7	5:45	8:19	
25	Fri	4:28	4.2	5:09	5.7	10:55	0.5			5:46	8:18	
26	Sat	5:41	4.4	6:14	6.0	12:02	0.4	11:58 AM	0.3	5:47	8:17	
27	Sun	6:46	4.7	7:12	6.3	12:59	0.1	12:58	0.1	5:48	8:16	
28	Mon	7:43	5.0	8:06	6.4	1:55	-0.2	1:58	-0.1	5:49	8:15	
29	Tue	8:38	5.3	8:58	6.4	2:48	-0.5	2:55	-0.2	5:50	8:14	
30	Wed	9:31	5.5	9:50	6.3	3:39	-0.6	3:50	-0.2	5:51	8:13	
31	Thu	10:24	5.5	10:41	6.0	4:26	-0.7	4:41	-0.1	5:52	8:12	