

Fort Hamilton, The Narrows, NY - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:22	4.1	1:22	3.7	7:48	0.9	7:57	0.5	7:19	4:39	
2	Fri	2:10	4.3	2:19	3.7	8:57	0.7	8:58	0.4	7:19	4:40	
3	Sat	3:05	4.6	3:26	3.7	10:00	0.4	9:56	0.2	7:20	4:41	
4	Sun	4:07	4.9	4:35	3.8	10:57	0.0	10:53	-0.1	7:20	4:42	
5	Mon	5:08	5.3	5:36	4.0	11:52	-0.3	11:48	-0.3	7:20	4:43	
6	Tue	6:03	5.6	6:32	4.3			12:46	-0.6	7:19	4:44	
7	Wed	6:55	5.9	7:24	4.6	12:45	-0.6	1:40	-0.9	7:19	4:45	
8	Thu	7:47	6.0	8:17	4.8	1:41	-0.8	2:31	-1.1	7:19	4:46	
9	Fri	8:38	5.9	9:10	4.9	2:36	-0.9	3:19	-1.2	7:19	4:47	
10	Sat	9:31	5.7	10:06	4.9	3:28	-0.8	4:06	-1.2	7:19	4:48	
11	Sun	10:25	5.4	11:02	4.9	4:19	-0.7	4:53	-1.0	7:19	4:49	
12	Mon	11:20	5.0	11:58	4.8	5:13	-0.4	5:41	-0.8	7:18	4:50	
13	Tue			12:15	4.6	6:11	0.0	6:33	-0.4	7:18	4:51	
14	Wed	12:51	4.7	1:08	4.3	7:16	0.2	7:30	-0.1	7:18	4:52	
15	Thu	1:43	4.6	2:02	3.9	8:24	0.4	8:28	0.1	7:17	4:53	
16	Fri	2:36	4.5	3:00	3.7	9:28	0.4	9:24	0.2	7:17	4:54	
17	Sat	3:33	4.4	4:02	3.5	10:25	0.3	10:16	0.3	7:16	4:55	
18	Sun	4:31	4.4	5:01	3.6	11:16	0.2	11:05	0.3	7:16	4:56	
19	Mon	5:24	4.5	5:53	3.7			12:03	0.1	7:15	4:57	
20	Tue	6:10	4.6	6:38	3.8			12:48	0.0	7:15	4:59	
21	Wed	6:51	4.7	7:19	4.0	12:37	0.1	1:30	-0.1	7:14	5:00	
22	Thu	7:30	4.8	7:59	4.0	1:21	0.1	2:10	-0.2	7:14	5:01	
23	Fri	8:06	4.7	8:37	4.1	2:04	0.0	2:47	-0.3	7:13	5:02	
24	Sat	8:40	4.6	9:15	4.1	2:44	0.0	3:21	-0.3	7:12	5:03	
25	Sun	9:13	4.5	9:51	4.0	3:21	0.1	3:53	-0.2	7:12	5:05	
26	Mon	9:45	4.3	10:27	4.0	3:56	0.2	4:22	-0.1	7:11	5:06	
27	Tue	10:20	4.1	11:05	4.1	4:31	0.3	4:50	0.0	7:10	5:07	
28	Wed	11:01	3.9	11:47	4.1	5:09	0.4	5:20	0.1	7:09	5:08	
29	Thu	11:50	3.7			5:56	0.5	5:59	0.2	7:08	5:09	
30	Fri	12:34	4.3	12:44	3.6	7:02	0.6	6:56	0.3	7:07	5:11	
31	Sat	1:26	4.4	1:45	3.5	8:20	0.6	8:12	0.4	7:06	5:12	