

Fort Hamilton, The Narrows, NY - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:58	4.6	1:27	3.5	7:53	0.5	7:45	0.5	6:30	5:47	
2	Mon	2:03	4.6	2:38	3.6	9:10	0.4	9:10	0.4	6:28	5:48	
3	Tue	3:16	4.7	3:54	3.8	10:15	0.1	10:21	0.0	6:27	5:49	
4	Wed	4:29	5.0	5:03	4.3	11:12	-0.3	11:22	-0.3	6:25	5:50	
5	Thu	5:31	5.3	6:01	4.8			12:05	-0.7	6:23	5:51	
6	Fri	6:25	5.6	6:52	5.2	12:19	-0.7	12:55	-1.0	6:22	5:52	
7	Sat	7:14	5.7	7:40	5.5	1:14	-0.9	1:44	-1.2	6:20	5:53	
8	Sun	8:02	5.7	8:27	5.6	2:07	-1.0	2:29	-1.2	6:19	5:54	
9	Mon	8:49	5.5	9:14	5.6	2:56	-1.0	3:13	-1.1	6:17	5:55	
10	Tue	9:38	5.1	10:01	5.4	3:43	-0.8	3:54	-0.8	6:16	5:57	
11	Wed	10:28	4.7	10:50	5.1	4:29	-0.5	4:35	-0.4	6:14	5:58	
12	Thu	11:20	4.3	11:41	4.7	5:17	-0.1	5:18	0.0	6:12	5:59	
13	Fri			12:14	4.0	6:10	0.3	6:06	0.5	6:11	6:00	
14	Sat	12:32	4.4	1:08	3.7	7:12	0.6	7:05	0.8	6:09	6:01	
15	Sun	1:25	4.2	2:03	3.5	8:20	0.8	8:14	1.0	6:07	6:02	
16	Mon	2:21	4.0	3:02	3.5	9:24	0.8	9:20	1.0	6:06	6:03	
17	Tue	3:23	4.0	4:04	3.6	10:18	0.7	10:16	0.8	6:04	6:04	
18	Wed	4:24	4.1	5:00	3.9	11:04	0.5	11:06	0.6	6:02	6:05	
19	Thu	5:17	4.3	5:47	4.2	11:45	0.3	11:51	0.4	6:01	6:06	
20	Fri	6:00	4.5	6:27	4.5			12:25	0.1	5:59	6:07	
21	Sat	6:38	4.6	7:03	4.7	12:35	0.2	1:03	0.0	5:58	6:08	
22	Sun	7:14	4.7	7:37	4.9	1:17	0.0	1:39	-0.1	5:56	6:09	
23	Mon	7:47	4.7	8:08	5.0	1:58	-0.1	2:14	-0.1	5:54	6:10	
24	Tue	8:20	4.6	8:40	5.1	2:38	-0.2	2:47	-0.1	5:53	6:11	
25	Wed	8:54	4.4	9:13	5.1	3:16	-0.2	3:19	0.0	5:51	6:13	
26	Thu	9:32	4.3	9:52	5.0	3:54	-0.1	3:50	0.1	5:49	6:14	
27	Fri	10:17	4.1	10:40	5.0	4:34	0.1	4:25	0.3	5:48	6:15	
28	Sat	11:13	3.9	11:39	4.9	5:21	0.3	5:09	0.4	5:46	6:16	
29	Sun			12:16	3.8	6:22	0.5	6:11	0.6	5:44	6:17	
30	Mon	12:44	4.8	1:22	3.9	7:37	0.5	7:39	0.7	5:43	6:18	
31	Tue	1:50	4.8	2:30	4.0	8:50	0.4	9:01	0.5	5:41	6:19	