

Fort Hamilton, The Narrows, NY - Jun 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:18	4.7	6:44	5.8	12:31	0.2	12:29	0.1	5:27	8:20	
2	Tue	7:10	4.7	7:29	5.9	1:21	0.1	1:16	0.2	5:26	8:21	
3	Wed	7:57	4.7	8:12	5.8	2:11	0.1	2:02	0.3	5:26	8:21	
4	Thu	8:43	4.7	8:54	5.7	2:58	0.0	2:48	0.4	5:26	8:22	
5	Fri	9:29	4.6	9:35	5.5	3:43	0.1	3:32	0.6	5:25	8:23	
6	Sat	10:16	4.4	10:18	5.2	4:25	0.2	4:14	0.7	5:25	8:23	
7	Sun	11:03	4.3	11:01	5.0	5:04	0.3	4:55	0.9	5:25	8:24	
8	Mon	11:53	4.3	11:47	4.8	5:43	0.5	5:35	1.1	5:25	8:25	
9	Tue			12:42	4.2	6:22	0.7	6:18	1.3	5:24	8:25	
10	Wed	12:34	4.6	1:29	4.3	7:05	0.8	7:10	1.4	5:24	8:26	
11	Thu	1:20	4.4	2:13	4.4	7:51	0.9	8:11	1.5	5:24	8:26	
12	Fri	2:04	4.3	2:55	4.5	8:41	1.0	9:15	1.5	5:24	8:27	
13	Sat	2:50	4.2	3:40	4.7	9:32	0.9	10:15	1.3	5:24	8:27	
14	Sun	3:41	4.1	4:28	4.9	10:20	0.9	11:10	1.0	5:24	8:28	
15	Mon	4:40	4.1	5:20	5.2	11:08	0.7			5:24	8:28	
16	Tue	5:40	4.2	6:10	5.5	12:02	0.7	11:55 AM	0.6	5:24	8:28	
17	Wed	6:36	4.3	6:58	5.8	12:52	0.4	12:44	0.5	5:24	8:29	
18	Thu	7:27	4.5	7:45	6.1	1:43	0.1	1:35	0.3	5:24	8:29	
19	Fri	8:16	4.7	8:34	6.2	2:35	-0.1	2:28	0.2	5:24	8:29	
20	Sat	9:07	4.8	9:24	6.2	3:26	-0.3	3:22	0.1	5:25	8:30	
21	Sun	10:00	4.9	10:17	6.1	4:15	-0.4	4:15	0.1	5:25	8:30	
22	Mon	10:57	5.0	11:14	5.9	5:02	-0.4	5:07	0.1	5:25	8:30	
23	Tue	11:56	5.1			5:50	-0.4	6:02	0.3	5:25	8:30	
24	Wed	12:11	5.7	12:54	5.2	6:40	-0.3	7:02	0.5	5:26	8:30	
25	Thu	1:08	5.4	1:49	5.3	7:34	-0.1	8:09	0.7	5:26	8:30	
26	Fri	2:03	5.1	2:43	5.4	8:31	0.1	9:17	0.7	5:26	8:31	
27	Sat	2:58	4.8	3:36	5.4	9:28	0.2	10:21	0.7	5:27	8:31	
28	Sun	3:55	4.6	4:32	5.4	10:23	0.3	11:20	0.6	5:27	8:31	
29	Mon	4:56	4.4	5:28	5.5	11:15	0.4			5:27	8:31	
30	Tue	5:56	4.4	6:21	5.5	12:13	0.5	12:04	0.5	5:28	8:31	