

Fort Hamilton, The Narrows, NY - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:50	4.4	7:09	5.6	1:03	0.4	12:51	0.5	5:28	8:30	
2	Thu	7:39	4.5	7:52	5.5	1:51	0.3	1:39	0.6	5:29	8:30	
3	Fri	8:24	4.5	8:34	5.5	2:38	0.3	2:25	0.6	5:29	8:30	
4	Sat	9:08	4.5	9:14	5.4	3:21	0.3	3:10	0.7	5:30	8:30	
5	Sun	9:51	4.5	9:53	5.2	4:01	0.3	3:52	0.8	5:30	8:30	
6	Mon	10:35	4.5	10:32	5.0	4:38	0.3	4:32	0.8	5:31	8:29	
7	Tue	11:19	4.4	11:11	4.8	5:13	0.4	5:10	1.0	5:32	8:29	
8	Wed			12:03	4.4	5:46	0.5	5:49	1.1	5:32	8:29	
9	Thu			12:46	4.5	6:20	0.7	6:31	1.3	5:33	8:29	
10	Fri	12:33	4.4	1:26	4.6	6:55	0.8	7:22	1.4	5:34	8:28	
11	Sat	1:16	4.3	2:06	4.7	7:36	0.9	8:25	1.4	5:34	8:28	
12	Sun	2:03	4.1	2:49	4.8	8:26	1.0	9:32	1.3	5:35	8:27	
13	Mon	2:54	4.0	3:38	5.0	9:24	1.0	10:35	1.1	5:36	8:27	
14	Tue	3:54	4.0	4:35	5.2	10:24	0.9	11:33	0.8	5:37	8:26	
15	Wed	5:03	4.1	5:37	5.5	11:22	0.7			5:37	8:26	
16	Thu	6:08	4.3	6:35	5.9	12:27	0.5	12:19	0.5	5:38	8:25	
17	Fri	7:06	4.6	7:28	6.2	1:21	0.1	1:15	0.3	5:39	8:24	
18	Sat	7:59	4.9	8:19	6.3	2:14	-0.2	2:12	0.0	5:40	8:24	
19	Sun	8:51	5.1	9:10	6.4	3:06	-0.4	3:09	-0.1	5:41	8:23	
20	Mon	9:44	5.3	10:03	6.3	3:55	-0.6	4:03	-0.2	5:41	8:22	
21	Tue	10:39	5.5	10:56	6.0	4:41	-0.7	4:55	-0.1	5:42	8:22	
22	Wed	11:34	5.6	11:51	5.7	5:27	-0.6	5:48	0.1	5:43	8:21	
23	Thu			12:30	5.6	6:14	-0.4	6:44	0.3	5:44	8:20	
24	Fri	12:47	5.3	1:25	5.6	7:04	-0.1	7:47	0.6	5:45	8:19	
25	Sat	1:42	5.0	2:17	5.5	7:58	0.2	8:54	0.8	5:46	8:18	
26	Sun	2:36	4.6	3:09	5.3	8:56	0.5	10:00	0.9	5:47	8:17	
27	Mon	3:32	4.4	4:05	5.2	9:55	0.7	11:00	0.8	5:48	8:17	
28	Tue	4:33	4.2	5:03	5.2	10:51	0.8	11:54	0.7	5:49	8:16	
29	Wed	5:35	4.2	6:00	5.2	11:43	0.8			5:49	8:15	
30	Thu	6:31	4.3	6:50	5.3	12:43	0.6	12:31	0.8	5:50	8:14	
31	Fri	7:20	4.4	7:33	5.4	1:29	0.5	1:18	0.8	5:51	8:13	