

Fort Hamilton, The Narrows, NY - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:03	4.6	8:13	5.4	2:13	0.4	2:04	0.7	5:52	8:12	
2	Sun	8:44	4.7	8:51	5.4	2:54	0.4	2:48	0.7	5:53	8:10	
3	Mon	9:24	4.7	9:27	5.3	3:32	0.3	3:30	0.7	5:54	8:09	
4	Tue	10:02	4.8	10:01	5.1	4:07	0.3	4:09	0.7	5:55	8:08	
5	Wed	10:40	4.7	10:35	4.9	4:39	0.4	4:46	0.8	5:56	8:07	
6	Thu	11:17	4.7	11:09	4.7	5:09	0.5	5:21	0.9	5:57	8:06	
7	Fri	11:55	4.7	11:48	4.5	5:38	0.6	5:59	1.1	5:58	8:05	
8	Sat			12:34	4.8	6:06	0.8	6:42	1.2	5:59	8:03	
9	Sun	12:33	4.3	1:17	4.9	6:40	0.9	7:39	1.3	6:00	8:02	
10	Mon	1:24	4.1	2:05	5.0	7:26	1.0	8:52	1.3	6:01	8:01	
11	Tue	2:20	4.0	2:59	5.1	8:34	1.1	10:04	1.1	6:02	8:00	
12	Wed	3:23	4.0	4:03	5.3	9:51	1.0	11:08	0.8	6:03	7:58	
13	Thu	4:36	4.1	5:12	5.5	11:00	0.8			6:04	7:57	
14	Fri	5:47	4.4	6:15	5.9	12:05	0.5	12:02	0.5	6:05	7:56	
15	Sat	6:48	4.8	7:11	6.2	12:59	0.1	1:01	0.1	6:06	7:54	
16	Sun	7:41	5.3	8:03	6.4	1:51	-0.3	1:58	-0.1	6:07	7:53	
17	Mon	8:32	5.6	8:53	6.4	2:41	-0.5	2:54	-0.3	6:08	7:52	
18	Tue	9:23	5.9	9:43	6.3	3:29	-0.7	3:47	-0.4	6:09	7:50	
19	Wed	10:14	6.0	10:34	6.0	4:15	-0.8	4:39	-0.3	6:10	7:49	
20	Thu	11:07	5.9	11:27	5.6	5:00	-0.6	5:29	-0.1	6:11	7:47	
21	Fri			12:01	5.8	5:44	-0.3	6:22	0.3	6:12	7:46	
22	Sat	12:23	5.2	12:55	5.6	6:31	0.1	7:21	0.6	6:13	7:44	
23	Sun	1:19	4.8	1:48	5.4	7:24	0.5	8:27	0.9	6:14	7:43	
24	Mon	2:14	4.5	2:42	5.2	8:23	0.9	9:35	1.1	6:15	7:41	
25	Tue	3:11	4.3	3:37	5.0	9:27	1.1	10:37	1.0	6:16	7:40	
26	Wed	4:11	4.1	4:37	4.9	10:28	1.2	11:31	1.0	6:17	7:38	
27	Thu	5:13	4.2	5:36	5.0	11:23	1.1			6:18	7:37	
28	Fri	6:09	4.3	6:27	5.1	12:19	0.8	12:12	1.0	6:19	7:35	
29	Sat	6:57	4.6	7:10	5.2	1:02	0.7	12:57	0.9	6:20	7:34	
30	Sun	7:38	4.8	7:49	5.3	1:42	0.5	1:41	0.7	6:21	7:32	
31	Mon	8:17	5.0	8:24	5.3	2:21	0.4	2:24	0.6	6:22	7:30	