

Fort Hamilton, The Narrows, NY - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:09	4.3	6:35	5.5	12:21	0.5	12:21	0.6	5:28	8:30	
2	Tue	7:00	4.4	7:20	5.6	1:08	0.4	1:07	0.6	5:29	8:30	
3	Wed	7:46	4.5	8:01	5.6	1:54	0.3	1:52	0.6	5:29	8:30	
4	Thu	8:28	4.6	8:41	5.5	2:37	0.3	2:37	0.6	5:30	8:30	
5	Fri	9:10	4.6	9:20	5.4	3:19	0.2	3:20	0.7	5:31	8:30	
6	Sat	9:51	4.6	9:58	5.3	3:58	0.2	4:00	0.7	5:31	8:29	
7	Sun	10:31	4.5	10:36	5.1	4:34	0.2	4:38	0.8	5:32	8:29	
8	Mon	11:12	4.5	11:14	4.9	5:08	0.3	5:15	1.0	5:32	8:29	
9	Tue	11:53	4.5	11:54	4.7	5:40	0.4	5:52	1.1	5:33	8:28	
10	Wed			12:33	4.6	6:14	0.5	6:34	1.2	5:34	8:28	
11	Thu	12:37	4.5	1:15	4.7	6:50	0.7	7:28	1.3	5:34	8:28	
12	Fri	1:24	4.4	1:58	4.8	7:35	0.7	8:35	1.3	5:35	8:27	
13	Sat	2:14	4.3	2:45	5.0	8:31	0.8	9:44	1.2	5:36	8:27	
14	Sun	3:10	4.2	3:40	5.2	9:35	0.7	10:48	0.9	5:37	8:26	
15	Mon	4:14	4.2	4:43	5.5	10:37	0.6	11:46	0.5	5:37	8:26	
16	Tue	5:23	4.4	5:47	5.8	11:37	0.3			5:38	8:25	
17	Wed	6:26	4.7	6:46	6.1	12:41	0.2	12:35	0.1	5:39	8:24	
18	Thu	7:22	5.1	7:40	6.4	1:35	-0.2	1:32	-0.2	5:40	8:24	
19	Fri	8:16	5.4	8:32	6.5	2:28	-0.5	2:29	-0.3	5:41	8:23	
20	Sat	9:09	5.6	9:24	6.4	3:19	-0.7	3:25	-0.4	5:41	8:22	
21	Sun	10:02	5.7	10:16	6.2	4:08	-0.8	4:18	-0.4	5:42	8:22	
22	Mon	10:57	5.8	11:11	5.9	4:55	-0.8	5:10	-0.2	5:43	8:21	
23	Tue	11:53	5.8			5:42	-0.6	6:03	0.0	5:44	8:20	
24	Wed	12:06	5.5	12:48	5.7	6:30	-0.3	7:00	0.4	5:45	8:19	
25	Thu	1:02	5.2	1:41	5.6	7:22	0.0	8:02	0.6	5:46	8:18	
26	Fri	1:56	4.8	2:33	5.4	8:19	0.4	9:07	0.8	5:47	8:17	
27	Sat	2:50	4.5	3:26	5.3	9:18	0.6	10:10	0.9	5:48	8:17	
28	Sun	3:46	4.3	4:21	5.2	10:15	0.8	11:06	0.8	5:49	8:16	
29	Mon	4:45	4.2	5:17	5.2	11:08	0.8	11:57	0.7	5:50	8:15	
30	Tue	5:45	4.2	6:10	5.2	11:57	0.8			5:50	8:14	
31	Wed	6:37	4.4	6:57	5.3	12:43	0.6	12:44	0.8	5:51	8:13	