

Fort Hamilton, The Narrows, NY - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:57	4.5	10:48	5.3	5:04	0.2	4:58	0.6	5:27	8:20	
2	Wed	11:45	4.5	11:39	5.2	5:43	0.2	5:41	0.7	5:26	8:21	
3	Thu			12:38	4.7	6:26	0.3	6:32	0.8	5:26	8:22	
4	Fri	12:35	5.1	1:31	4.9	7:17	0.3	7:36	0.8	5:26	8:22	
5	Sat	1:34	5.0	2:25	5.1	8:16	0.3	8:49	0.8	5:25	8:23	
6	Sun	2:32	5.0	3:21	5.4	9:18	0.2	9:59	0.6	5:25	8:24	
7	Mon	3:34	4.9	4:21	5.6	10:18	0.1	11:02	0.3	5:25	8:24	
8	Tue	4:40	4.9	5:22	5.9	11:15	-0.1			5:25	8:25	
9	Wed	5:46	5.0	6:21	6.2	12:01	0.0	12:10	-0.2	5:24	8:25	
10	Thu	6:46	5.1	7:15	6.4	12:57	-0.3	1:05	-0.3	5:24	8:26	
11	Fri	7:42	5.2	8:06	6.4	1:52	-0.4	1:59	-0.3	5:24	8:26	
12	Sat	8:35	5.3	8:56	6.4	2:45	-0.6	2:53	-0.2	5:24	8:27	
13	Sun	9:27	5.2	9:46	6.2	3:36	-0.6	3:44	-0.1	5:24	8:27	
14	Mon	10:20	5.1	10:36	5.9	4:24	-0.5	4:33	0.1	5:24	8:28	
15	Tue	11:13	5.0	11:27	5.5	5:09	-0.3	5:20	0.4	5:24	8:28	
16	Wed			12:06	4.9	5:54	-0.1	6:08	0.7	5:24	8:29	
17	Thu	12:18	5.2	12:57	4.8	6:39	0.2	6:59	1.0	5:24	8:29	
18	Fri	1:08	4.9	1:45	4.8	7:26	0.5	7:56	1.2	5:24	8:29	
19	Sat	1:56	4.6	2:31	4.8	8:16	0.7	8:57	1.3	5:24	8:30	
20	Sun	2:43	4.4	3:17	4.8	9:07	0.8	9:55	1.2	5:25	8:30	
21	Mon	3:33	4.3	4:05	4.8	9:57	0.8	10:49	1.1	5:25	8:30	
22	Tue	4:26	4.2	4:56	4.9	10:45	0.8	11:38	0.9	5:25	8:30	
23	Wed	5:22	4.2	5:46	5.1	11:31	0.7			5:25	8:30	
24	Thu	6:15	4.3	6:32	5.3	12:25	0.7	12:16	0.6	5:26	8:30	
25	Fri	7:02	4.4	7:14	5.4	1:11	0.5	1:01	0.6	5:26	8:31	
26	Sat	7:46	4.5	7:52	5.6	1:56	0.3	1:46	0.5	5:26	8:31	
27	Sun	8:27	4.6	8:30	5.7	2:41	0.2	2:32	0.4	5:27	8:31	
28	Mon	9:08	4.7	9:09	5.7	3:24	0.0	3:17	0.4	5:27	8:31	
29	Tue	9:51	4.8	9:50	5.7	4:05	-0.1	4:01	0.3	5:28	8:31	
30	Wed	10:36	4.9	10:35	5.6	4:44	-0.1	4:45	0.3	5:28	8:30	