

Fort Hamilton, The Narrows, NY - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:54	4.9	2:28	5.6	8:14	0.5	9:10	0.6	6:23	7:28	
2	Thu	2:54	4.7	3:28	5.5	9:24	0.6	10:16	0.6	6:24	7:26	
3	Fri	3:57	4.7	4:30	5.4	10:29	0.6	11:14	0.5	6:25	7:25	
4	Sat	5:02	4.7	5:31	5.5	11:27	0.6			6:26	7:23	
5	Sun	6:02	4.9	6:25	5.6	12:06	0.3	12:20	0.5	6:27	7:21	
6	Mon	6:53	5.2	7:13	5.6	12:53	0.2	1:09	0.4	6:28	7:20	
7	Tue	7:38	5.3	7:55	5.7	1:37	0.1	1:55	0.3	6:29	7:18	
8	Wed	8:18	5.4	8:35	5.6	2:19	0.1	2:40	0.3	6:30	7:16	
9	Thu	8:57	5.5	9:14	5.4	2:59	0.1	3:22	0.3	6:31	7:15	
10	Fri	9:35	5.4	9:53	5.2	3:37	0.2	4:02	0.4	6:32	7:13	
11	Sat	10:12	5.3	10:33	5.0	4:12	0.3	4:40	0.6	6:33	7:11	
12	Sun	10:50	5.2	11:14	4.7	4:45	0.5	5:17	0.8	6:34	7:10	
13	Mon	11:29	5.0	11:59	4.4	5:18	0.7	5:55	1.0	6:35	7:08	
14	Tue			12:11	4.9	5:52	0.9	6:38	1.2	6:36	7:06	
15	Wed	12:48	4.2	12:57	4.8	6:30	1.2	7:33	1.4	6:37	7:05	
16	Thu	1:38	4.1	1:46	4.7	7:21	1.3	8:40	1.4	6:38	7:03	
17	Fri	2:29	4.1	2:38	4.8	8:30	1.4	9:45	1.3	6:39	7:01	
18	Sat	3:24	4.2	3:35	4.9	9:41	1.3	10:42	1.0	6:40	7:00	
19	Sun	4:23	4.4	4:36	5.1	10:43	1.0	11:32	0.7	6:41	6:58	
20	Mon	5:22	4.8	5:37	5.4	11:39	0.7			6:42	6:56	
21	Tue	6:15	5.2	6:30	5.7	12:20	0.3	12:31	0.3	6:42	6:55	
22	Wed	7:04	5.7	7:19	5.9	1:06	0.0	1:23	-0.1	6:43	6:53	
23	Thu	7:50	6.1	8:07	6.1	1:53	-0.3	2:15	-0.3	6:44	6:51	
24	Fri	8:37	6.4	8:55	6.1	2:40	-0.5	3:07	-0.5	6:45	6:50	
25	Sat	9:25	6.5	9:45	5.9	3:28	-0.6	3:59	-0.5	6:46	6:48	
26	Sun	10:16	6.4	10:40	5.6	4:15	-0.5	4:49	-0.4	6:47	6:46	
27	Mon	11:11	6.2	11:38	5.3	5:03	-0.3	5:41	-0.2	6:48	6:45	
28	Tue			12:10	6.0	5:53	0.0	6:38	0.2	6:49	6:43	
29	Wed	12:40	5.1	1:11	5.7	6:50	0.4	7:42	0.5	6:50	6:41	
30	Thu	1:42	4.9	2:11	5.5	7:57	0.7	8:49	0.6	6:51	6:40	