

Fort Hamilton, The Narrows, NY - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:42	4.8	3:09	5.3	9:08	0.9	9:54	0.6	6:52	6:38	
2	Sat	3:43	4.8	4:08	5.2	10:14	0.9	10:51	0.5	6:53	6:36	
3	Sun	4:43	4.8	5:08	5.2	11:11	0.8	11:41	0.4	6:54	6:35	
4	Mon	5:40	5.0	6:01	5.2			12:02	0.6	6:56	6:33	
5	Tue	6:29	5.2	6:48	5.3	12:25	0.3	12:49	0.5	6:57	6:31	
6	Wed	7:12	5.4	7:30	5.3	1:06	0.3	1:33	0.4	6:58	6:30	
7	Thu	7:51	5.5	8:09	5.3	1:46	0.2	2:15	0.3	6:59	6:28	
8	Fri	8:27	5.6	8:47	5.2	2:24	0.3	2:57	0.3	7:00	6:27	
9	Sat	9:02	5.6	9:25	5.0	3:02	0.3	3:37	0.4	7:01	6:25	
10	Sun	9:36	5.4	10:03	4.8	3:38	0.4	4:15	0.5	7:02	6:23	
11	Mon	10:10	5.3	10:42	4.6	4:13	0.6	4:51	0.6	7:03	6:22	
12	Tue	10:44	5.1	11:25	4.4	4:46	0.8	5:28	0.8	7:04	6:20	
13	Wed	11:22	5.0			5:19	0.9	6:07	1.0	7:05	6:19	
14	Thu	12:13	4.2	12:07	4.8	5:56	1.1	6:54	1.1	7:06	6:17	
15	Fri	1:05	4.1	1:01	4.8	6:42	1.3	7:54	1.2	7:07	6:16	
16	Sat	1:58	4.2	1:58	4.8	7:48	1.4	9:01	1.1	7:08	6:14	
17	Sun	2:51	4.3	2:56	4.9	9:06	1.3	10:02	0.9	7:09	6:13	
18	Mon	3:48	4.6	3:58	5.0	10:14	1.0	10:56	0.5	7:10	6:11	
19	Tue	4:47	5.0	5:02	5.2	11:14	0.6	11:46	0.2	7:11	6:10	
20	Wed	5:44	5.5	6:02	5.5			12:09	0.1	7:13	6:08	
21	Thu	6:37	6.0	6:56	5.7	12:34	-0.2	1:03	-0.2	7:14	6:07	
22	Fri	7:26	6.4	7:46	5.8	1:23	-0.4	1:56	-0.5	7:15	6:05	
23	Sat	8:15	6.6	8:37	5.8	2:13	-0.6	2:50	-0.7	7:16	6:04	
24	Sun	9:04	6.7	9:29	5.7	3:03	-0.6	3:43	-0.7	7:17	6:03	
25	Mon	9:56	6.6	10:24	5.5	3:54	-0.6	4:34	-0.6	7:18	6:01	
26	Tue	10:51	6.3	11:23	5.2	4:44	-0.3	5:25	-0.4	7:19	6:00	
27	Wed	11:50	5.9			5:36	0.0	6:19	-0.1	7:20	5:59	
28	Thu	12:25	5.0	12:50	5.6	6:32	0.4	7:19	0.2	7:22	5:57	
29	Fri	1:26	4.8	1:48	5.3	7:36	0.7	8:22	0.5	7:23	5:56	
30	Sat	2:24	4.8	2:44	5.1	8:45	0.9	9:24	0.5	7:24	5:55	
31	Sun	2:20	4.7	2:40	4.9	8:51	1.0	9:20	0.5	6:25	4:53	