

Fort Hamilton, The Narrows, NY - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:33	4.6	3:52	4.2	10:10	0.7	10:14	0.4	7:00	4:29	
2	Thu	4:24	4.8	4:45	4.2	10:57	0.5	10:57	0.3	7:01	4:29	
3	Fri	5:11	4.9	5:33	4.3	11:41	0.3	11:38	0.2	7:02	4:29	
4	Sat	5:53	5.1	6:17	4.4			12:24	0.2	7:03	4:29	
5	Sun	6:32	5.2	6:58	4.4	12:19	0.2	1:07	0.1	7:04	4:29	
6	Mon	7:08	5.3	7:37	4.4	1:01	0.2	1:50	0.0	7:05	4:29	
7	Tue	7:43	5.2	8:16	4.3	1:42	0.2	2:31	-0.1	7:06	4:29	
8	Wed	8:16	5.2	8:54	4.3	2:23	0.2	3:09	-0.1	7:07	4:29	
9	Thu	8:50	5.1	9:34	4.2	3:01	0.2	3:46	0.0	7:08	4:29	
10	Fri	9:28	5.0	10:18	4.2	3:39	0.3	4:23	0.0	7:09	4:29	
11	Sat	10:11	4.9	11:07	4.2	4:18	0.4	5:01	0.1	7:09	4:29	
12	Sun	11:03	4.7			5:02	0.5	5:45	0.2	7:10	4:29	
13	Mon	12:00	4.3	12:00	4.6	5:57	0.6	6:39	0.2	7:11	4:29	
14	Tue	12:53	4.5	12:59	4.5	7:08	0.6	7:42	0.1	7:12	4:29	
15	Wed	1:48	4.8	1:59	4.5	8:22	0.5	8:45	0.0	7:12	4:30	
16	Thu	2:47	5.0	3:04	4.5	9:30	0.2	9:45	-0.3	7:13	4:30	
17	Fri	3:50	5.3	4:12	4.5	10:31	-0.2	10:42	-0.5	7:14	4:30	
18	Sat	4:51	5.7	5:16	4.7	11:29	-0.5	11:37	-0.7	7:14	4:31	
19	Sun	5:48	5.9	6:13	4.9			12:24	-0.8	7:15	4:31	
20	Mon	6:41	6.1	7:07	5.0	12:32	-0.8	1:18	-1.0	7:16	4:31	
21	Tue	7:31	6.1	7:59	5.1	1:26	-0.8	2:10	-1.1	7:16	4:32	
22	Wed	8:22	6.0	8:51	5.0	2:19	-0.8	3:00	-1.1	7:17	4:32	
23	Thu	9:12	5.7	9:44	4.8	3:10	-0.6	3:47	-0.9	7:17	4:33	
24	Fri	10:03	5.4	10:38	4.7	3:58	-0.4	4:32	-0.7	7:17	4:34	
25	Sat	10:55	5.0	11:31	4.5	4:46	-0.1	5:17	-0.4	7:18	4:34	
26	Sun	11:47	4.7			5:36	0.3	6:05	-0.1	7:18	4:35	
27	Mon	12:23	4.4	12:38	4.3	6:33	0.6	6:56	0.2	7:18	4:36	
28	Tue	1:11	4.3	1:27	4.1	7:34	0.7	7:49	0.4	7:19	4:36	
29	Wed	1:59	4.3	2:17	3.8	8:36	0.8	8:42	0.4	7:19	4:37	
30	Thu	2:49	4.3	3:10	3.7	9:33	0.7	9:33	0.4	7:19	4:38	
31	Fri	3:42	4.3	4:07	3.7	10:25	0.5			7:19	4:39	