

Fort Hamilton, The Narrows, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:01	4.1	11:59 AM	4.3	5:59	0.6	6:32	0.2	7:19	4:39	
2	Mon	12:51	4.3	12:55	4.2	7:08	0.6	7:35	0.2	7:19	4:40	
3	Tue	1:44	4.5	1:55	4.1	8:22	0.5	8:40	0.0	7:20	4:41	
4	Wed	2:43	4.7	3:01	4.1	9:31	0.2	9:42	-0.2	7:20	4:42	
5	Thu	3:46	5.1	4:11	4.3	10:32	-0.2	10:41	-0.5	7:20	4:43	
6	Fri	4:50	5.4	5:16	4.5	11:29	-0.6	11:37	-0.7	7:19	4:44	
7	Sat	5:47	5.8	6:14	4.8			12:25	-0.9	7:19	4:45	
8	Sun	6:41	6.0	7:08	5.0	12:33	-0.9	1:19	-1.2	7:19	4:46	
9	Mon	7:33	6.1	8:01	5.1	1:29	-1.1	2:12	-1.4	7:19	4:47	
10	Tue	8:24	6.0	8:54	5.1	2:23	-1.1	3:02	-1.4	7:19	4:48	
11	Wed	9:16	5.8	9:49	5.0	3:15	-1.0	3:50	-1.3	7:19	4:49	
12	Thu	10:09	5.5	10:44	4.9	4:05	-0.8	4:36	-1.1	7:18	4:50	
13	Fri	11:03	5.1	11:38	4.7	4:55	-0.5	5:24	-0.8	7:18	4:51	
14	Sat	11:57	4.7			5:49	-0.1	6:14	-0.4	7:18	4:52	
15	Sun	12:31	4.6	12:49	4.4	6:48	0.2	7:08	-0.1	7:17	4:53	
16	Mon	1:22	4.4	1:40	4.1	7:52	0.4	8:04	0.1	7:17	4:54	
17	Tue	2:12	4.3	2:32	3.8	8:54	0.5	8:59	0.2	7:16	4:55	
18	Wed	3:04	4.3	3:28	3.7	9:51	0.4	9:50	0.2	7:16	4:56	
19	Thu	3:59	4.3	4:26	3.7	10:41	0.3	10:38	0.2	7:15	4:57	
20	Fri	4:52	4.4	5:19	3.8	11:28	0.1	11:23	0.1	7:15	4:59	
21	Sat	5:40	4.6	6:06	4.0			12:12	0.0	7:14	5:00	
22	Sun	6:22	4.7	6:48	4.1	12:08	0.0	12:55	-0.2	7:14	5:01	
23	Mon	7:00	4.8	7:28	4.2	12:52	-0.1	1:37	-0.3	7:13	5:02	
24	Tue	7:36	4.9	8:06	4.3	1:35	-0.2	2:17	-0.4	7:12	5:03	
25	Wed	8:11	4.8	8:43	4.3	2:16	-0.2	2:54	-0.5	7:11	5:05	
26	Thu	8:44	4.8	9:19	4.3	2:55	-0.2	3:29	-0.4	7:11	5:06	
27	Fri	9:19	4.7	9:57	4.3	3:32	-0.2	4:02	-0.4	7:10	5:07	
28	Sat	9:57	4.5	10:39	4.3	4:09	-0.1	4:36	-0.3	7:09	5:08	
29	Sun	10:42	4.4	11:27	4.4	4:49	0.0	5:12	-0.2	7:08	5:09	
30	Mon	11:34	4.2			5:37	0.1	5:57	-0.1	7:07	5:11	
31	Tue	12:19	4.5	12:32	4.1	6:40	0.3	6:57	0.0	7:06	5:12	