

Fort Hamilton, The Narrows, NY - Mar 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:20	4.2	6:24	0.1	6:35	0.0	6:30	5:47	
2	Thu	12:56	4.8	1:22	4.1	7:37	0.2	7:51	0.1	6:28	5:48	
3	Fri	1:58	4.8	2:28	4.1	8:50	0.1	9:05	0.0	6:26	5:49	
4	Sat	3:05	4.9	3:38	4.2	9:55	-0.1	10:11	-0.2	6:25	5:50	
5	Sun	4:13	5.0	4:46	4.5	10:54	-0.4	11:11	-0.5	6:23	5:51	
6	Mon	5:16	5.3	5:45	4.9	11:48	-0.7			6:22	5:52	
7	Tue	6:11	5.5	6:37	5.2	12:07	-0.7	12:39	-0.9	6:20	5:53	
8	Wed	7:00	5.6	7:25	5.4	1:00	-0.9	1:28	-1.1	6:19	5:54	
9	Thu	7:47	5.6	8:11	5.4	1:51	-0.9	2:14	-1.1	6:17	5:55	
10	Fri	8:33	5.4	8:56	5.4	2:39	-0.9	2:58	-1.0	6:15	5:57	
11	Sat	9:19	5.2	9:41	5.2	3:24	-0.7	3:38	-0.7	6:14	5:58	
12	Sun	10:05	4.8	10:26	4.9	4:06	-0.5	4:17	-0.4	6:12	5:59	
13	Mon	10:53	4.5	11:13	4.7	4:49	-0.2	4:56	0.0	6:11	6:00	
14	Tue	11:43	4.2			5:34	0.2	5:37	0.3	6:09	6:01	
15	Wed	12:00	4.4	12:33	3.9	6:25	0.5	6:25	0.6	6:07	6:02	
16	Thu	12:49	4.2	1:23	3.8	7:25	0.7	7:25	0.9	6:06	6:03	
17	Fri	1:38	4.1	2:16	3.7	8:28	0.8	8:30	0.9	6:04	6:04	
18	Sat	2:31	4.0	3:13	3.7	9:27	0.7	9:30	0.8	6:02	6:05	
19	Sun	3:30	4.1	4:11	3.9	10:18	0.6	10:24	0.6	6:01	6:06	
20	Mon	4:28	4.2	5:04	4.2	11:05	0.3	11:13	0.4	5:59	6:07	
21	Tue	5:19	4.5	5:50	4.5	11:48	0.1	11:59	0.1	5:57	6:08	
22	Wed	6:03	4.7	6:30	4.8			12:30	-0.1	5:56	6:09	
23	Thu	6:43	4.9	7:08	5.0	12:44	-0.1	1:12	-0.3	5:54	6:10	
24	Fri	7:21	5.0	7:45	5.2	1:29	-0.3	1:52	-0.4	5:52	6:12	
25	Sat	7:59	5.1	8:23	5.4	2:14	-0.5	2:32	-0.5	5:51	6:13	
26	Sun	8:40	5.0	9:04	5.4	2:57	-0.6	3:11	-0.5	5:49	6:14	
27	Mon	9:25	4.9	9:50	5.4	3:40	-0.6	3:51	-0.4	5:47	6:15	
28	Tue	10:15	4.7	10:43	5.3	4:25	-0.4	4:33	-0.2	5:46	6:16	
29	Wed	11:13	4.6	11:41	5.2	5:15	-0.2	5:23	0.0	5:44	6:17	
30	Thu			12:14	4.4	6:14	0.0	6:25	0.2	5:43	6:18	
31	Fri	12:43	5.1	1:16	4.4	7:23	0.1	7:40	0.4	5:41	6:19	