

Fort Hamilton, The Narrows, NY - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:06	4.8	5:40	5.4	11:31	0.2			5:27	8:20	
2	Fri	6:02	4.8	6:29	5.5	12:14	0.3	12:17	0.2	5:26	8:21	
3	Sat	6:52	4.8	7:13	5.6	1:01	0.2	1:01	0.2	5:26	8:21	
4	Sun	7:38	4.8	7:53	5.7	1:47	0.2	1:44	0.3	5:26	8:22	
5	Mon	8:21	4.8	8:32	5.6	2:32	0.1	2:26	0.4	5:25	8:23	
6	Tue	9:03	4.7	9:10	5.5	3:14	0.1	3:08	0.5	5:25	8:23	
7	Wed	9:45	4.6	9:48	5.3	3:55	0.1	3:49	0.6	5:25	8:24	
8	Thu	10:28	4.5	10:25	5.2	4:33	0.2	4:27	0.7	5:25	8:25	
9	Fri	11:13	4.4	11:04	5.0	5:10	0.3	5:04	0.9	5:24	8:25	
10	Sat	11:59	4.4	11:45	4.8	5:46	0.5	5:42	1.0	5:24	8:26	
11	Sun			12:45	4.3	6:24	0.6	6:24	1.2	5:24	8:26	
12	Mon	12:29	4.6	1:29	4.4	7:06	0.7	7:16	1.3	5:24	8:27	
13	Tue	1:16	4.6	2:13	4.5	7:55	0.8	8:20	1.3	5:24	8:27	
14	Wed	2:05	4.5	2:58	4.7	8:50	0.8	9:28	1.2	5:24	8:28	
15	Thu	2:58	4.5	3:49	5.0	9:47	0.7	10:30	0.9	5:24	8:28	
16	Fri	3:58	4.5	4:45	5.3	10:41	0.5	11:27	0.5	5:24	8:28	
17	Sat	5:03	4.6	5:42	5.7	11:34	0.2			5:24	8:29	
18	Sun	6:05	4.8	6:37	6.1	12:22	0.2	12:27	0.0	5:24	8:29	
19	Mon	7:02	5.1	7:29	6.4	1:16	-0.2	1:20	-0.2	5:24	8:29	
20	Tue	7:56	5.3	8:20	6.6	2:10	-0.5	2:16	-0.3	5:25	8:30	
21	Wed	8:50	5.4	9:12	6.6	3:04	-0.7	3:11	-0.4	5:25	8:30	
22	Thu	9:45	5.5	10:06	6.4	3:56	-0.8	4:05	-0.4	5:25	8:30	
23	Fri	10:42	5.5	11:02	6.2	4:46	-0.8	4:58	-0.2	5:25	8:30	
24	Sat	11:41	5.4			5:36	-0.7	5:52	0.0	5:26	8:30	
25	Sun	12:00	5.9	12:40	5.4	6:27	-0.5	6:49	0.3	5:26	8:30	
26	Mon	12:57	5.6	1:36	5.4	7:21	-0.2	7:53	0.6	5:26	8:31	
27	Tue	1:52	5.3	2:30	5.3	8:18	0.0	8:59	0.7	5:27	8:31	
28	Wed	2:46	5.0	3:22	5.3	9:16	0.2	10:01	0.7	5:27	8:31	
29	Thu	3:40	4.7	4:15	5.2	10:10	0.4	10:58	0.7	5:27	8:31	
30	Fri	4:36	4.5	5:09	5.3	11:00	0.4	11:50	0.6	5:28	8:31	