

Fort Hamilton, The Narrows, NY - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:32	5.9	10:06	5.0	3:29	-0.9	4:08	-1.2	7:19	4:39	
2	Tue	10:28	5.6	11:05	4.9	4:21	-0.7	4:58	-1.0	7:19	4:40	
3	Wed	11:26	5.3			5:16	-0.4	5:51	-0.8	7:19	4:41	
4	Thu	12:04	4.9	12:23	5.0	6:17	-0.1	6:48	-0.5	7:20	4:42	
5	Fri	1:00	4.8	1:19	4.6	7:24	0.1	7:48	-0.3	7:20	4:42	
6	Sat	1:55	4.7	2:14	4.4	8:32	0.2	8:47	-0.2	7:19	4:43	
7	Sun	2:50	4.7	3:12	4.1	9:34	0.2	9:42	-0.1	7:19	4:44	
8	Mon	3:48	4.7	4:12	4.0	10:30	0.1	10:32	-0.1	7:19	4:45	
9	Tue	4:44	4.7	5:08	4.1	11:20	0.0	11:19	-0.1	7:19	4:46	
10	Wed	5:33	4.8	5:58	4.1			12:07	-0.2	7:19	4:47	
11	Thu	6:17	4.9	6:42	4.2	12:04	-0.1	12:52	-0.3	7:19	4:48	
12	Fri	6:58	5.0	7:24	4.3	12:47	-0.2	1:35	-0.3	7:18	4:49	
13	Sat	7:36	5.0	8:05	4.3	1:30	-0.2	2:16	-0.4	7:18	4:50	
14	Sun	8:13	4.9	8:45	4.2	2:12	-0.1	2:54	-0.4	7:18	4:52	
15	Mon	8:49	4.8	9:24	4.1	2:51	-0.1	3:30	-0.3	7:17	4:53	
16	Tue	9:24	4.6	10:04	4.0	3:29	0.0	4:04	-0.2	7:17	4:54	
17	Wed	10:00	4.4	10:45	4.0	4:05	0.1	4:36	-0.1	7:17	4:55	
18	Thu	10:37	4.2	11:27	4.0	4:41	0.3	5:09	0.1	7:16	4:56	
19	Fri	11:19	4.0			5:20	0.5	5:46	0.2	7:15	4:57	
20	Sat	12:10	4.0	12:08	3.9	6:10	0.6	6:32	0.3	7:15	4:58	
21	Sun	12:56	4.1	1:00	3.8	7:17	0.6	7:33	0.3	7:14	5:00	
22	Mon	1:46	4.3	1:58	3.8	8:30	0.5	8:40	0.2	7:14	5:01	
23	Tue	2:43	4.5	3:04	3.8	9:36	0.3	9:43	0.0	7:13	5:02	
24	Wed	3:47	4.8	4:14	4.0	10:36	-0.1	10:42	-0.3	7:12	5:03	
25	Thu	4:51	5.1	5:19	4.3	11:32	-0.5	11:39	-0.6	7:12	5:04	
26	Fri	5:48	5.5	6:15	4.6			12:26	-0.9	7:11	5:06	
27	Sat	6:41	5.8	7:08	5.0	12:34	-0.9	1:19	-1.2	7:10	5:07	
28	Sun	7:32	6.0	8:00	5.2	1:30	-1.1	2:11	-1.4	7:09	5:08	
29	Mon	8:23	6.0	8:53	5.2	2:24	-1.2	3:00	-1.5	7:08	5:09	
30	Tue	9:15	5.8	9:46	5.2	3:16	-1.2	3:48	-1.5	7:08	5:10	
31	Wed	10:09	5.5	10:42	5.1	4:06	-1.0	4:35	-1.3	7:07	5:12	