

Fort Hamilton, The Narrows, NY - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:56	4.5	1:47	4.5	7:21	0.8	7:43	1.4	5:28	8:30	
2	Mon	1:40	4.4	2:30	4.6	8:11	0.9	8:46	1.4	5:29	8:30	
3	Tue	2:26	4.3	3:14	4.7	9:04	0.9	9:48	1.2	5:29	8:30	
4	Wed	3:16	4.3	4:03	4.9	9:58	0.8	10:46	1.0	5:30	8:30	
5	Thu	4:14	4.3	4:57	5.2	10:51	0.7	11:40	0.7	5:30	8:30	
6	Fri	5:17	4.4	5:51	5.5	11:41	0.5			5:31	8:30	
7	Sat	6:16	4.6	6:43	5.9	12:32	0.3	12:32	0.3	5:32	8:29	
8	Sun	7:09	4.8	7:32	6.2	1:23	0.0	1:24	0.1	5:32	8:29	
9	Mon	8:00	5.1	8:21	6.4	2:15	-0.3	2:18	-0.1	5:33	8:29	
10	Tue	8:51	5.3	9:11	6.4	3:06	-0.5	3:12	-0.2	5:34	8:28	
11	Wed	9:43	5.4	10:03	6.3	3:56	-0.7	4:04	-0.3	5:34	8:28	
12	Thu	10:39	5.5	10:58	6.1	4:44	-0.7	4:56	-0.2	5:35	8:27	
13	Fri	11:36	5.5	11:55	5.9	5:32	-0.7	5:49	0.0	5:36	8:27	
14	Sat			12:35	5.5	6:22	-0.5	6:47	0.2	5:36	8:26	
15	Sun	12:53	5.6	1:31	5.5	7:15	-0.3	7:52	0.5	5:37	8:26	
16	Mon	1:49	5.3	2:26	5.5	8:13	0.0	8:59	0.6	5:38	8:25	
17	Tue	2:44	5.0	3:20	5.4	9:13	0.2	10:04	0.6	5:39	8:25	
18	Wed	3:41	4.8	4:16	5.4	10:10	0.3	11:03	0.5	5:40	8:24	
19	Thu	4:41	4.6	5:14	5.4	11:04	0.4	11:56	0.4	5:40	8:23	
20	Fri	5:41	4.6	6:08	5.5	11:54	0.4			5:41	8:23	
21	Sat	6:35	4.6	6:56	5.5	12:46	0.3	12:42	0.4	5:42	8:22	
22	Sun	7:23	4.7	7:39	5.6	1:33	0.3	1:28	0.4	5:43	8:21	
23	Mon	8:08	4.8	8:20	5.6	2:17	0.2	2:13	0.5	5:44	8:20	
24	Tue	8:50	4.8	8:59	5.5	3:00	0.2	2:57	0.5	5:45	8:19	
25	Wed	9:32	4.8	9:37	5.4	3:40	0.1	3:39	0.5	5:46	8:19	
26	Thu	10:13	4.8	10:14	5.2	4:17	0.2	4:18	0.6	5:47	8:18	
27	Fri	10:55	4.7	10:52	5.0	4:52	0.3	4:56	0.7	5:47	8:17	
28	Sat	11:37	4.7	11:30	4.8	5:26	0.4	5:33	0.9	5:48	8:16	
29	Sun			12:19	4.6	5:59	0.6	6:13	1.1	5:49	8:15	
30	Mon	12:11	4.6	1:01	4.7	6:33	0.7	6:59	1.2	5:50	8:14	
31	Tue	12:56	4.4	1:43	4.7	7:14	0.9	7:58	1.3	5:51	8:13	