

Fort Hamilton, The Narrows, NY - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:25	5.8	5:49	5.1	11:58	-0.4			7:00	4:30	
2	Sun	6:15	5.9	6:40	5.2	12:05	-0.6	12:50	-0.5	7:01	4:29	
3	Mon	7:01	6.0	7:28	5.1	12:54	-0.6	1:40	-0.6	7:02	4:29	
4	Tue	7:46	5.9	8:15	5.0	1:41	-0.5	2:28	-0.6	7:03	4:29	
5	Wed	8:30	5.7	9:02	4.8	2:28	-0.3	3:13	-0.5	7:04	4:29	
6	Thu	9:15	5.4	9:51	4.6	3:11	-0.1	3:55	-0.3	7:05	4:29	
7	Fri	10:01	5.1	10:42	4.3	3:53	0.2	4:37	0.0	7:05	4:29	
8	Sat	10:48	4.8	11:33	4.2	4:35	0.5	5:20	0.2	7:06	4:29	
9	Sun	11:38	4.5			5:19	0.7	6:06	0.5	7:07	4:29	
10	Mon	12:23	4.1	12:26	4.3	6:11	1.0	6:58	0.6	7:08	4:29	
11	Tue	1:12	4.1	1:14	4.1	7:12	1.1	7:52	0.7	7:09	4:29	
12	Wed	1:59	4.1	2:02	4.0	8:16	1.1	8:45	0.6	7:10	4:29	
13	Thu	2:48	4.2	2:54	3.9	9:15	0.9	9:35	0.5	7:10	4:29	
14	Fri	3:39	4.4	3:50	4.0	10:08	0.7	10:21	0.4	7:11	4:29	
15	Sat	4:29	4.6	4:45	4.1	10:57	0.4	11:05	0.2	7:12	4:29	
16	Sun	5:16	4.9	5:34	4.2	11:44	0.1	11:48	0.0	7:13	4:30	
17	Mon	5:59	5.2	6:19	4.4			12:31	-0.1	7:13	4:30	
18	Tue	6:39	5.5	7:02	4.5	12:33	-0.1	1:18	-0.4	7:14	4:30	
19	Wed	7:20	5.6	7:45	4.6	1:19	-0.2	2:04	-0.6	7:15	4:31	
20	Thu	8:03	5.7	8:31	4.6	2:05	-0.3	2:50	-0.7	7:15	4:31	
21	Fri	8:49	5.7	9:21	4.6	2:52	-0.4	3:35	-0.8	7:16	4:32	
22	Sat	9:40	5.6	10:15	4.6	3:39	-0.4	4:21	-0.7	7:16	4:32	
23	Sun	10:35	5.4	11:14	4.6	4:29	-0.2	5:09	-0.6	7:17	4:33	
24	Mon	11:34	5.1			5:24	-0.1	6:03	-0.5	7:17	4:33	
25	Tue	12:14	4.7	12:33	4.9	6:28	0.1	7:03	-0.4	7:17	4:34	
26	Wed	1:11	4.8	1:31	4.7	7:39	0.2	8:05	-0.3	7:18	4:34	
27	Thu	2:09	4.9	2:30	4.6	8:49	0.2	9:06	-0.3	7:18	4:35	
28	Fri	3:08	5.0	3:32	4.4	9:52	0.0	10:02	-0.4	7:18	4:36	
29	Sat	4:09	5.1	4:35	4.4	10:50	-0.2	10:55	-0.5	7:19	4:36	
30	Sun	5:06	5.3	5:32	4.5	11:43	-0.4	11:45	-0.5	7:19	4:37	
31	Mon	5:57	5.4	6:23	4.6			12:33	-0.5	7:19	4:38	