

Fort Hamilton, The Narrows, NY - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:44	5.4	7:11	4.6	12:33	-0.5	1:23	-0.6	7:19	4:39	
2	Wed	7:28	5.4	7:56	4.5	1:21	-0.4	2:09	-0.6	7:19	4:40	
3	Thu	8:09	5.3	8:40	4.4	2:06	-0.3	2:51	-0.5	7:19	4:40	
4	Fri	8:51	5.1	9:25	4.3	2:49	-0.2	3:31	-0.4	7:20	4:41	
5	Sat	9:32	4.8	10:11	4.2	3:29	0.0	4:09	-0.3	7:20	4:42	
6	Sun	10:15	4.6	10:58	4.0	4:08	0.2	4:46	-0.1	7:19	4:43	
7	Mon	10:59	4.3	11:45	4.0	4:48	0.4	5:24	0.1	7:19	4:44	
8	Tue	11:44	4.1			5:31	0.6	6:06	0.3	7:19	4:45	
9	Wed	12:30	3.9	12:29	3.9	6:22	0.8	6:54	0.4	7:19	4:46	
10	Thu	1:15	3.9	1:15	3.7	7:25	0.9	7:49	0.5	7:19	4:47	
11	Fri	2:00	4.0	2:05	3.6	8:30	0.8	8:45	0.5	7:19	4:48	
12	Sat	2:49	4.1	3:01	3.6	9:30	0.6	9:38	0.3	7:18	4:49	
13	Sun	3:43	4.3	4:02	3.7	10:25	0.3	10:29	0.1	7:18	4:50	
14	Mon	4:38	4.6	5:01	3.9	11:16	0.0	11:18	-0.1	7:18	4:51	
15	Tue	5:29	5.0	5:53	4.1			12:06	-0.3	7:17	4:52	
16	Wed	6:16	5.3	6:41	4.4	12:07	-0.3	12:55	-0.6	7:17	4:54	
17	Thu	7:02	5.6	7:28	4.6	12:57	-0.6	1:44	-0.9	7:17	4:55	
18	Fri	7:48	5.8	8:16	4.8	1:48	-0.8	2:32	-1.1	7:16	4:56	
19	Sat	8:37	5.8	9:06	4.9	2:39	-0.9	3:18	-1.2	7:16	4:57	
20	Sun	9:28	5.6	10:00	4.9	3:28	-0.9	4:04	-1.2	7:15	4:58	
21	Mon	10:22	5.4	10:57	4.9	4:18	-0.8	4:51	-1.1	7:14	4:59	
22	Tue	11:19	5.1	11:55	4.9	5:12	-0.5	5:42	-0.9	7:14	5:00	
23	Wed			12:16	4.8	6:12	-0.3	6:38	-0.6	7:13	5:02	
24	Thu	12:51	4.8	1:13	4.5	7:20	0.0	7:39	-0.4	7:13	5:03	
25	Fri	1:48	4.8	2:11	4.3	8:29	0.1	8:42	-0.3	7:12	5:04	
26	Sat	2:46	4.7	3:12	4.1	9:35	0.0	9:41	-0.2	7:11	5:05	
27	Sun	3:47	4.7	4:16	4.0	10:33	-0.1	10:36	-0.2	7:10	5:06	
28	Mon	4:47	4.8	5:15	4.1	11:26	-0.2	11:26	-0.3	7:09	5:08	
29	Tue	5:40	4.9	6:07	4.2			12:15	-0.4	7:09	5:09	
30	Wed	6:27	5.0	6:53	4.3	12:14	-0.3	1:02	-0.5	7:08	5:10	
31	Thu	7:09	5.0	7:36	4.4	1:01	-0.3	1:46	-0.5	7:07	5:11	