

Fort Hamilton, The Narrows, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:26	4.9	7:51	4.6	1:23	-0.2	1:57	-0.4	6:29	5:47	
2	Sun	8:03	4.8	8:28	4.7	2:04	-0.3	2:33	-0.4	6:27	5:48	
3	Mon	8:38	4.7	9:04	4.6	2:43	-0.2	3:08	-0.3	6:26	5:49	
4	Tue	9:13	4.5	9:39	4.5	3:20	-0.2	3:40	-0.2	6:24	5:51	
5	Wed	9:47	4.3	10:14	4.4	3:56	0.0	4:10	0.0	6:23	5:52	
6	Thu	10:23	4.1	10:51	4.3	4:30	0.1	4:39	0.2	6:21	5:53	
7	Fri	11:03	3.9	11:32	4.3	5:07	0.3	5:10	0.4	6:19	5:54	
8	Sat	11:50	3.8			5:51	0.5	5:49	0.5	6:18	5:55	
9	Sun	12:19	4.3	12:43	3.7	6:52	0.6	6:49	0.7	6:16	5:56	
10	Mon	1:13	4.4	1:42	3.7	8:06	0.6	8:09	0.6	6:15	5:57	
11	Tue	2:13	4.5	2:47	3.8	9:15	0.4	9:23	0.4	6:13	5:58	
12	Wed	3:21	4.7	3:57	4.1	10:16	0.1	10:27	0.1	6:11	5:59	
13	Thu	4:29	5.0	5:02	4.5	11:11	-0.3	11:25	-0.3	6:10	6:00	
14	Fri	5:29	5.4	5:57	5.0			12:03	-0.7	6:08	6:01	
15	Sat	6:23	5.7	6:48	5.4	12:20	-0.7	12:54	-1.0	6:06	6:03	
16	Sun	7:13	5.9	7:38	5.7	1:15	-1.0	1:43	-1.2	6:05	6:04	
17	Mon	8:03	5.9	8:27	5.9	2:08	-1.2	2:32	-1.3	6:03	6:05	
18	Tue	8:54	5.8	9:18	5.8	3:00	-1.2	3:19	-1.3	6:02	6:06	
19	Wed	9:46	5.5	10:11	5.7	3:50	-1.1	4:05	-1.0	6:00	6:07	
20	Thu	10:41	5.1	11:06	5.4	4:40	-0.8	4:52	-0.7	5:58	6:08	
21	Fri	11:38	4.8			5:33	-0.4	5:44	-0.2	5:57	6:09	
22	Sat	12:02	5.1	12:35	4.5	6:33	0.0	6:42	0.2	5:55	6:10	
23	Sun	12:58	4.8	1:32	4.2	7:39	0.3	7:47	0.5	5:53	6:11	
24	Mon	1:54	4.6	2:30	4.1	8:45	0.4	8:53	0.6	5:52	6:12	
25	Tue	2:52	4.4	3:30	4.1	9:45	0.4	9:52	0.6	5:50	6:13	
26	Wed	3:52	4.4	4:28	4.2	10:36	0.3	10:44	0.5	5:48	6:14	
27	Thu	4:50	4.4	5:20	4.4	11:22	0.2	11:31	0.3	5:47	6:15	
28	Fri	5:38	4.6	6:05	4.7			12:03	0.1	5:45	6:16	
29	Sat	6:21	4.7	6:45	4.9	12:15	0.2	12:43	0.0	5:43	6:17	
30	Sun	6:59	4.8	7:22	5.0	12:58	0.0	1:22	-0.1	5:42	6:18	
31	Mon	7:36	4.8	7:57	5.1	1:40	-0.1	2:00	-0.1	5:40	6:19	