

Fort Hamilton, The Narrows, NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:18	4.9	10:56	4.3	4:17	0.1	4:53	-0.4	7:19	4:39	
2	Tue	11:11	4.7	11:50	4.5	5:05	0.2	5:37	-0.3	7:19	4:40	
3	Wed			12:07	4.5	6:03	0.3	6:28	-0.2	7:19	4:41	
4	Thu	12:45	4.6	1:04	4.3	7:15	0.4	7:29	-0.1	7:19	4:42	
5	Fri	1:41	4.8	2:05	4.1	8:30	0.3	8:34	-0.1	7:19	4:43	
6	Sat	2:42	4.9	3:11	4.0	9:39	0.2	9:38	-0.2	7:19	4:44	
7	Sun	3:47	5.1	4:21	4.0	10:42	-0.1	10:38	-0.3	7:19	4:45	
8	Mon	4:53	5.2	5:25	4.2	11:39	-0.4	11:35	-0.5	7:19	4:46	
9	Tue	5:51	5.4	6:22	4.4			12:34	-0.6	7:19	4:47	
10	Wed	6:44	5.5	7:14	4.6	12:31	-0.5	1:26	-0.8	7:19	4:48	
11	Thu	7:32	5.5	8:04	4.6	1:25	-0.6	2:15	-0.9	7:19	4:49	
12	Fri	8:19	5.4	8:52	4.6	2:16	-0.6	3:01	-0.9	7:18	4:50	
13	Sat	9:05	5.2	9:40	4.6	3:03	-0.5	3:42	-0.8	7:18	4:51	
14	Sun	9:50	4.9	10:27	4.5	3:47	-0.3	4:22	-0.6	7:18	4:52	
15	Mon	10:35	4.6	11:14	4.4	4:29	-0.1	5:00	-0.3	7:17	4:53	
16	Tue	11:21	4.2			5:13	0.2	5:38	0.0	7:17	4:54	
17	Wed	12:01	4.3	12:08	3.9	6:00	0.5	6:20	0.3	7:16	4:55	
18	Thu	12:46	4.2	12:54	3.6	6:56	0.7	7:08	0.5	7:16	4:56	
19	Fri	1:30	4.1	1:41	3.4	7:58	0.8	8:03	0.6	7:15	4:58	
20	Sat	2:18	4.1	2:34	3.3	9:01	0.8	9:00	0.6	7:15	4:59	
21	Sun	3:10	4.1	3:34	3.2	9:58	0.6	9:55	0.6	7:14	5:00	
22	Mon	4:08	4.2	4:37	3.3	10:50	0.4	10:46	0.4	7:13	5:01	
23	Tue	5:02	4.4	5:31	3.5	11:38	0.2	11:34	0.2	7:13	5:02	
24	Wed	5:50	4.7	6:16	3.8			12:24	-0.1	7:12	5:03	
25	Thu	6:32	4.9	6:58	4.0	12:21	0.1	1:09	-0.3	7:11	5:05	
26	Fri	7:12	5.1	7:38	4.2	1:08	-0.1	1:52	-0.6	7:11	5:06	
27	Sat	7:52	5.2	8:17	4.4	1:54	-0.3	2:33	-0.7	7:10	5:07	
28	Sun	8:32	5.2	8:59	4.6	2:38	-0.5	3:12	-0.8	7:09	5:08	
29	Mon	9:15	5.1	9:44	4.7	3:22	-0.5	3:50	-0.9	7:08	5:10	
30	Tue	10:02	4.9	10:33	4.8	4:07	-0.5	4:29	-0.8	7:07	5:11	
31	Wed	10:54	4.6	11:26	4.8	4:55	-0.3	5:12	-0.6	7:06	5:12	