

Fort Hamilton, The Narrows, NY - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:56	4.6	3:37	4.9	9:36	0.6	10:07	1.0	5:27	8:20	
2	Sat	3:47	4.4	4:28	5.0	10:25	0.6	11:01	0.9	5:26	8:21	
3	Sun	4:41	4.2	5:18	5.1	11:09	0.7	11:49	0.8	5:26	8:21	
4	Mon	5:36	4.2	6:05	5.2	11:51	0.7			5:26	8:22	
5	Tue	6:26	4.2	6:48	5.4	12:34	0.6	12:32	0.7	5:25	8:23	
6	Wed	7:11	4.3	7:28	5.5	1:18	0.5	1:13	0.7	5:25	8:23	
7	Thu	7:53	4.3	8:06	5.5	2:02	0.4	1:55	0.7	5:25	8:24	
8	Fri	8:33	4.3	8:43	5.5	2:46	0.3	2:38	0.8	5:25	8:25	
9	Sat	9:13	4.3	9:18	5.4	3:28	0.3	3:19	0.8	5:24	8:25	
10	Sun	9:53	4.3	9:55	5.3	4:07	0.3	3:59	0.8	5:24	8:26	
11	Mon	10:33	4.2	10:33	5.2	4:45	0.3	4:36	0.9	5:24	8:26	
12	Tue	11:16	4.2	11:15	5.1	5:21	0.3	5:14	1.0	5:24	8:27	
13	Wed			12:03	4.3	5:59	0.4	5:56	1.0	5:24	8:27	
14	Thu	12:04	5.0	12:52	4.5	6:39	0.4	6:49	1.1	5:24	8:28	
15	Fri	12:57	4.9	1:41	4.8	7:27	0.4	7:56	1.1	5:24	8:28	
16	Sat	1:51	4.8	2:32	5.1	8:22	0.4	9:11	1.0	5:24	8:28	
17	Sun	2:48	4.7	3:27	5.4	9:21	0.3	10:20	0.7	5:24	8:29	
18	Mon	3:50	4.6	4:27	5.6	10:21	0.2	11:22	0.4	5:24	8:29	
19	Tue	4:57	4.6	5:30	5.9	11:19	0.1			5:24	8:29	
20	Wed	6:04	4.7	6:30	6.2	12:21	0.1	12:16	-0.1	5:25	8:30	
21	Thu	7:04	4.9	7:26	6.3	1:18	-0.1	1:12	-0.1	5:25	8:30	
22	Fri	8:00	5.1	8:19	6.4	2:14	-0.3	2:10	-0.2	5:25	8:30	
23	Sat	8:55	5.2	9:11	6.3	3:09	-0.5	3:07	-0.1	5:25	8:30	
24	Sun	9:50	5.2	10:04	6.1	4:00	-0.5	4:00	-0.1	5:26	8:30	
25	Mon	10:45	5.2	10:57	5.8	4:48	-0.5	4:51	0.1	5:26	8:31	
26	Tue	11:41	5.1	11:50	5.4	5:34	-0.3	5:41	0.4	5:26	8:31	
27	Wed			12:34	5.1	6:20	0.0	6:32	0.7	5:27	8:31	
28	Thu	12:42	5.1	1:25	5.0	7:08	0.2	7:28	1.0	5:27	8:31	
29	Fri	1:32	4.8	2:12	5.0	7:57	0.5	8:28	1.1	5:28	8:31	
30	Sat	2:19	4.5	2:58	5.0	8:47	0.7	9:28	1.2	5:28	8:31	