

Fort Hamilton, The Narrows, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:07	4.2	3:45	4.9	9:37	0.9	10:25	1.1	5:28	8:30	
2	Mon	3:59	4.0	4:35	5.0	10:25	0.9	11:17	1.0	5:29	8:30	
3	Tue	4:55	3.9	5:27	5.1	11:12	0.9			5:29	8:30	
4	Wed	5:52	4.0	6:16	5.2	12:05	0.9	11:58 AM	0.9	5:30	8:30	
5	Thu	6:43	4.1	7:01	5.3	12:51	0.7	12:43	0.9	5:31	8:30	
6	Fri	7:28	4.2	7:42	5.4	1:36	0.5	1:28	0.8	5:31	8:29	
7	Sat	8:10	4.3	8:20	5.5	2:21	0.4	2:13	0.8	5:32	8:29	
8	Sun	8:50	4.4	8:57	5.5	3:04	0.3	2:58	0.7	5:33	8:29	
9	Mon	9:29	4.5	9:34	5.5	3:44	0.2	3:40	0.7	5:33	8:28	
10	Tue	10:08	4.5	10:13	5.4	4:22	0.1	4:21	0.7	5:34	8:28	
11	Wed	10:49	4.7	10:55	5.3	4:57	0.1	5:01	0.7	5:35	8:28	
12	Thu	11:34	4.8	11:42	5.1	5:33	0.1	5:44	0.7	5:35	8:27	
13	Fri			12:23	5.0	6:11	0.2	6:34	0.8	5:36	8:27	
14	Sat	12:35	4.9	1:14	5.2	6:54	0.2	7:37	0.9	5:37	8:26	
15	Sun	1:30	4.7	2:07	5.4	7:47	0.3	8:50	0.9	5:38	8:26	
16	Mon	2:28	4.6	3:03	5.5	8:50	0.4	10:02	0.8	5:38	8:25	
17	Tue	3:30	4.5	4:05	5.6	9:56	0.4	11:07	0.6	5:39	8:24	
18	Wed	4:39	4.4	5:12	5.8	11:00	0.3			5:40	8:24	
19	Thu	5:49	4.6	6:16	5.9	12:07	0.3	12:01	0.2	5:41	8:23	
20	Fri	6:51	4.8	7:14	6.1	1:04	0.0	12:59	0.0	5:42	8:22	
21	Sat	7:47	5.1	8:06	6.2	1:58	-0.2	1:56	0.0	5:42	8:22	
22	Sun	8:40	5.2	8:55	6.1	2:50	-0.4	2:51	0.0	5:43	8:21	
23	Mon	9:30	5.3	9:43	5.9	3:39	-0.4	3:43	0.0	5:44	8:20	
24	Tue	10:20	5.3	10:31	5.6	4:23	-0.4	4:30	0.2	5:45	8:19	
25	Wed	11:09	5.3	11:18	5.3	5:05	-0.2	5:16	0.4	5:46	8:18	
26	Thu	11:58	5.2			5:44	0.0	6:01	0.6	5:47	8:17	
27	Fri	12:06	4.9	12:46	5.1	6:24	0.3	6:49	0.9	5:48	8:16	
28	Sat	12:54	4.6	1:32	5.0	7:05	0.7	7:43	1.2	5:49	8:15	
29	Sun	1:41	4.3	2:17	4.9	7:52	0.9	8:43	1.3	5:50	8:14	
30	Mon	2:29	4.1	3:03	4.8	8:44	1.1	9:45	1.3	5:51	8:13	
31	Tue	3:19	3.9	3:53	4.8	9:40	1.2	10:42	1.2	5:52	8:12	