

Fort Hamilton, The Narrows, NY - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:16	3.8	4:48	4.9	10:36	1.2	11:33	1.0	5:52	8:11	
2	Thu	5:18	3.9	5:43	5.0	11:27	1.1			5:53	8:10	
3	Fri	6:14	4.1	6:33	5.2	12:21	0.8	12:16	1.0	5:54	8:09	
4	Sat	7:02	4.3	7:16	5.4	1:07	0.6	1:03	0.8	5:55	8:08	
5	Sun	7:44	4.5	7:56	5.6	1:51	0.4	1:49	0.7	5:56	8:07	
6	Mon	8:23	4.7	8:34	5.7	2:34	0.2	2:35	0.5	5:57	8:06	
7	Tue	9:01	4.9	9:12	5.7	3:14	0.0	3:20	0.4	5:58	8:04	
8	Wed	9:40	5.1	9:51	5.6	3:52	-0.1	4:03	0.4	5:59	8:03	
9	Thu	10:20	5.2	10:35	5.4	4:29	-0.1	4:46	0.4	6:00	8:02	
10	Fri	11:05	5.4	11:23	5.2	5:06	-0.1	5:31	0.4	6:01	8:01	
11	Sat	11:56	5.4			5:44	0.0	6:21	0.6	6:02	7:59	
12	Sun	12:17	4.9	12:51	5.5	6:28	0.2	7:22	0.8	6:03	7:58	
13	Mon	1:16	4.7	1:48	5.5	7:23	0.4	8:35	0.9	6:04	7:57	
14	Tue	2:16	4.5	2:47	5.5	8:30	0.6	9:49	0.8	6:05	7:55	
15	Wed	3:20	4.4	3:52	5.5	9:43	0.6	10:55	0.7	6:06	7:54	
16	Thu	4:30	4.4	5:01	5.6	10:51	0.5	11:54	0.4	6:07	7:53	
17	Fri	5:39	4.6	6:05	5.7	11:52	0.4			6:08	7:51	
18	Sat	6:40	4.9	7:01	5.9	12:48	0.1	12:49	0.2	6:09	7:50	
19	Sun	7:33	5.2	7:50	5.9	1:39	-0.1	1:43	0.1	6:10	7:48	
20	Mon	8:21	5.4	8:35	5.9	2:27	-0.2	2:34	0.1	6:11	7:47	
21	Tue	9:06	5.5	9:18	5.7	3:12	-0.2	3:22	0.1	6:12	7:46	
22	Wed	9:50	5.5	10:01	5.5	3:53	-0.2	4:07	0.2	6:13	7:44	
23	Thu	10:33	5.5	10:44	5.1	4:31	0.0	4:48	0.4	6:14	7:43	
24	Fri	11:16	5.3	11:28	4.8	5:06	0.2	5:29	0.6	6:15	7:41	
25	Sat			12:01	5.1	5:40	0.5	6:11	0.9	6:16	7:40	
26	Sun	12:14	4.5	12:46	5.0	6:16	0.9	6:58	1.2	6:17	7:38	
27	Mon	1:03	4.2	1:33	4.8	6:55	1.2	7:55	1.4	6:18	7:36	
28	Tue	1:52	4.0	2:20	4.7	7:48	1.4	9:01	1.5	6:19	7:35	
29	Wed	2:44	3.9	3:11	4.7	8:54	1.5	10:04	1.4	6:20	7:33	
30	Thu	3:40	3.8	4:07	4.7	10:00	1.5	11:00	1.2	6:21	7:32	
31	Fri	4:42	3.9	5:06	4.9	10:58	1.3	11:49	0.9	6:22	7:30	