

Fort Hamilton, The Narrows, NY - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:36	5.3	6:06	4.3			12:18	-0.4	7:19	4:39	
2	Tue	6:28	5.4	6:57	4.3	12:13	-0.3	1:10	-0.5	7:19	4:40	
3	Wed	7:15	5.4	7:46	4.4	1:04	-0.3	1:59	-0.5	7:19	4:41	
4	Thu	8:00	5.3	8:32	4.4	1:54	-0.3	2:45	-0.5	7:19	4:42	
5	Fri	8:44	5.1	9:19	4.3	2:41	-0.2	3:26	-0.5	7:19	4:43	
6	Sat	9:27	4.9	10:05	4.2	3:24	0.0	4:05	-0.3	7:19	4:44	
7	Sun	10:11	4.6	10:52	4.1	4:05	0.1	4:42	-0.2	7:19	4:44	
8	Mon	10:55	4.3	11:39	4.1	4:45	0.4	5:19	0.1	7:19	4:45	
9	Tue	11:40	4.0			5:29	0.6	5:57	0.3	7:19	4:46	
10	Wed	12:23	4.0	12:25	3.8	6:19	0.8	6:40	0.4	7:19	4:47	
11	Thu	1:07	4.0	1:10	3.6	7:19	0.9	7:31	0.6	7:19	4:49	
12	Fri	1:51	4.1	1:58	3.4	8:23	0.9	8:26	0.6	7:18	4:50	
13	Sat	2:38	4.1	2:53	3.3	9:24	0.8	9:21	0.6	7:18	4:51	
14	Sun	3:31	4.2	3:55	3.3	10:20	0.5	10:14	0.5	7:18	4:52	
15	Mon	4:27	4.4	4:56	3.4	11:11	0.3	11:04	0.3	7:17	4:53	
16	Tue	5:20	4.7	5:48	3.7			12:00	0.0	7:17	4:54	
17	Wed	6:07	5.0	6:34	3.9			12:48	-0.3	7:16	4:55	
18	Thu	6:51	5.3	7:18	4.1	12:42	-0.1	1:35	-0.6	7:16	4:56	
19	Fri	7:35	5.5	8:02	4.4	1:31	-0.4	2:20	-0.8	7:15	4:57	
20	Sat	8:19	5.5	8:48	4.5	2:21	-0.5	3:03	-0.9	7:15	4:59	
21	Sun	9:06	5.4	9:37	4.7	3:08	-0.6	3:45	-1.0	7:14	5:00	
22	Mon	9:55	5.2	10:29	4.8	3:56	-0.6	4:27	-0.9	7:13	5:01	
23	Tue	10:48	4.9	11:24	4.8	4:45	-0.4	5:11	-0.8	7:13	5:02	
24	Wed	11:44	4.6			5:41	-0.2	6:00	-0.6	7:12	5:03	
25	Thu	12:19	4.8	12:41	4.3	6:46	0.1	6:58	-0.3	7:11	5:04	
26	Fri	1:15	4.8	1:39	4.0	7:58	0.2	8:02	-0.1	7:11	5:06	
27	Sat	2:13	4.7	2:42	3.8	9:09	0.2	9:08	0.0	7:10	5:07	
28	Sun	3:17	4.7	3:50	3.7	10:14	0.1	10:10	0.0	7:09	5:08	
29	Mon	4:23	4.7	4:57	3.8	11:12	-0.1	11:07	-0.1	7:08	5:09	
30	Tue	5:24	4.8	5:55	4.0			12:04	-0.2	7:07	5:11	
31	Wed	6:16	4.9	6:44	4.2	12:00	-0.1	12:53	-0.4	7:06	5:12	