US HARBORS www.USHarbors.com

Fort Hamilton, The Narrows, NY - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**2:05**	3.9	**2:38**	3.2	**9:02**	0.9	**9:01**	1.0	6:28	5:47	
2	Sun	**3:05**	4.0	**3:43**	3.3	**10:01**	0.7	**10:03**	0.8	6:27	5:48	
3	Mon	**4:09**	4.2	**4:45**	3.6	**10:52**	0.4	**10:56**	0.5	6:25	5:50	
4	Tue	**5:05**	4.5	**5:35**	3.9	**11:38**	0.1	**11:45**	0.2	6:24	5:51	
5	Wed	**5:53**	4.8	**6:18**	4.4			**12:22**	-0.2	6:22	5:52	
6	Thu	**6:35**	5.1	**6:58**	4.8	**12:33**	-0.1	**1:05**	-0.5	6:21	5:53	
7	Fri	**7:17**	5.2	**7:38**	5.1	**1:21**	-0.4	**1:47**	-0.7	6:19	5:54	
8	Sat	**7:58**	5.3	**8:19**	5.3	**2:08**	-0.6	**2:28**	-0.8	6:17	5:55	
9	Sun	**9:42**	5.1	**10:02**	5.5	**3:54**	-0.7	**4:08**	-0.8	7:16	6:56	
10	Mon	**10:29**	4.9	**10:50**	5.4	**4:40**	-0.7	**4:49**	-0.7	7:14	6:57	
11	Tue	**11:21**	4.6	**11:43**	5.3	**5:28**	-0.5	**5:32**	-0.5	7:13	6:58	
12	Wed			**12:19**	4.4	**6:20**	-0.2	**6:21**	-0.2	7:11	6:59	
13	Thu	**12:42**	5.1	**1:21**	4.1	**7:22**	0.1	**7:21**	0.1	7:09	7:01	
14	Fri	**1:44**	4.9	**2:24**	4.0	**8:36**	0.3	**8:36**	0.4	7:08	7:02	
15	Sat	**2:48**	4.7	**3:29**	3.9	**9:49**	0.3	**9:52**	0.4	7:06	7:03	
16	Sun	**3:55**	4.6	**4:38**	4.1	**10:54**	0.2	**11:00**	0.3	7:04	7:04	
17	Mon	**5:04**	4.7	**5:43**	4.3	**11:50**	0.0	**11:58**	0.1	7:03	7:05	
18	Tue	**6:06**	4.8	**6:38**	4.6			**12:39**	-0.2	7:01	7:06	
19	Wed	**6:57**	4.9	**7:24**	4.9	**12:50**	-0.1	**1:24**	-0.4	6:59	7:07	
20	Thu	**7:41**	5.0	**8:06**	5.1	**1:38**	-0.2	**2:07**	-0.4	6:58	7:08	
21	Fri	**8:22**	5.0	**8:44**	5.2	**2:24**	-0.3	**2:46**	-0.4	6:56	7:09	
22	Sat	**9:00**	4.9	**9:22**	5.2	**3:07**	-0.3	**3:23**	-0.3	6:55	7:10	
23	Sun	**9:38**	4.7	**9:58**	5.1	**3:47**	-0.3	**3:58**	-0.2	6:53	7:11	
24	Mon	**10:16**	4.4	**10:34**	5.0	**4:25**	-0.2	**4:30**	0.1	6:51	7:12	
25	Tue	**10:55**	4.2	**11:12**	4.7	**5:01**	0.0	**5:01**	0.3	6:50	7:13	
26	Wed	**11:36**	3.9	**11:52**	4.5	**5:37**	0.3	**5:31**	0.6	6:48	7:14	
27	Thu			**12:23**	3.7	**6:16**	0.6	**6:04**	0.8	6:46	7:15	
28	Fri	**12:37**	4.3	**1:13**	3.5	**7:03**	0.8	**6:47**	1.1	6:45	7:16	
29	Sat	**1:27**	4.2	**2:06**	3.5	**8:06**	1.0	**7:54**	1.3	6:43	7:17	
30	Sun	**2:20**	4.1	**3:01**	3.5	**9:16**	1.0	**9:18**	1.3	6:41	7:19	
31	Mon	**3:18**	4.2	**4:00**	3.7	**10:18**	0.8	**10:28**	1.0	6:40	7:20	