

































## Fort Hamilton, The Narrows, NY - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:25	4.4	11:03	4.0	4:25	0.5	4:57	0.0	7:19	4:39	
2	Fri	11:10	4.2	11:49	4.1	5:05	0.6	5:34	0.1	7:19	4:40	
3	Sat			12:01	4.1	5:56	0.7	6:19	0.1	7:19	4:41	
4	Sun	12:38	4.3	12:56	4.0	7:06	0.7	7:16	0.2	7:19	4:42	
5	Mon	1:31	4.5	1:55	3.9	8:23	0.6	8:23	0.1	7:19	4:43	
6	Tue	2:29	4.7	3:01	3.8	9:34	0.3	9:28	-0.1	7:19	4:44	
7	Wed	3:35	5.0	4:13	3.9	10:37	0.0	10:30	-0.3	7:19	4:45	
8	Thu	4:43	5.3	5:19	4.2	11:35	-0.4	11:29	-0.5	7:19	4:46	
9	Fri	5:44	5.6	6:18	4.5			12:30	-0.7	7:19	4:47	
10	Sat	6:39	5.8	7:12	4.8	12:27	-0.8	1:25	-1.0	7:19	4:48	
11	Sun	7:31	5.9	8:05	5.0	1:24	-0.9	2:16	-1.2	7:18	4:49	
12	Mon	8:22	5.9	8:57	5.0	2:19	-1.0	3:05	-1.3	7:18	4:50	
13	Tue	9:13	5.6	9:50	5.0	3:11	-0.9	3:51	-1.2	7:18	4:51	
14	Wed	10:04	5.3	10:43	4.9	4:01	-0.7	4:36	-1.0	7:17	4:52	
15	Thu	10:56	4.9	11:36	4.8	4:50	-0.4	5:21	-0.7	7:17	4:53	
16	Fri	11:48	4.5			5:42	-0.1	6:08	-0.3	7:17	4:55	
17	Sat	12:27	4.6	12:39	4.1	6:39	0.3	7:00	0.0	7:16	4:56	
18	Sun	1:16	4.5	1:30	3.8	7:42	0.5	7:55	0.3	7:16	4:57	
19	Mon	2:05	4.3	2:22	3.5	8:45	0.6	8:51	0.5	7:15	4:58	
20	Tue	2:58	4.3	3:20	3.4	9:44	0.5	9:45	0.5	7:14	4:59	
21	Wed	3:54	4.2	4:21	3.4	10:37	0.4	10:36	0.4	7:14	5:00	
22	Thu	4:50	4.3	5:17	3.5	11:24	0.3	11:23	0.3	7:13	5:02	
23	Fri	5:40	4.5	6:05	3.7			12:10	0.1	7:12	5:03	
24	Sat	6:23	4.7	6:48	3.9	12:08	0.2	12:53	-0.1	7:12	5:04	
25	Sun	7:02	4.8	7:26	4.0	12:53	0.1	1:35	-0.3	7:11	5:05	
26	Mon	7:39	4.8	8:03	4.1	1:36	0.0	2:14	-0.4	7:10	5:06	
27	Tue	8:14	4.8	8:38	4.2	2:17	-0.1	2:50	-0.4	7:09	5:08	
28	Wed	8:47	4.7	9:12	4.2	2:56	-0.1	3:24	-0.5	7:09	5:09	
29	Thu	9:22	4.6	9:47	4.3	3:32	-0.1	3:55	-0.4	7:08	5:10	
30	Fri	9:59	4.4	10:26	4.4	4:08	0.0	4:26	-0.3	7:07	5:11	
31	Sat	10:43	4.2	11:12	4.4	4:47	0.1	5:00	-0.2	7:06	5:12	