US HARBORS www.USHarbors.com

Fort Hamilton, The Narrows, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:25	4.3	10:45	4.9	4:35	-0.1	4:36	-0.3	6:29	5:47	
2	Mon	11:20	4.0	11:42	4.8	5:22	0.1	5:20	-0.1	6:27	5:48	
3	Tue			12:21	3.9	6:24	0.3	6:18	0.2	6:26	5:49	
4	Wed	12:44	4.8	1:25	3.8	7:41	0.4	7:37	0.3	6:24	5:50	
5	Thu	1:49	4.7	2:32	3.8	8:57	0.3	8:57	0.2	6:23	5:52	
6	Fri	3:00	4.7	3:44	4.0	10:03	0.0	10:07	0.0	6:21	5:53	
7	Sat	4:12	4.9	4:52	4.4	11:00	-0.3	11:08	-0.3	6:19	5:54	
8	Sun	6:16	5.1	6:49	4.8			12:52	-0.6	7:18	6:55	
9	Mon	7:10	5.3	7:39	5.2	1:04	-0.6	1:42	-0.8	7:16	6:56	
10	Tue	7:58	5.4	8:26	5.5	1:56	-0.7	2:28	-0.9	7:15	6:57	
11	Wed	8:43	5.4	9:10	5.5	2:47	-0.8	3:13	-0.9	7:13	6:58	
12	Thu	9:27	5.2	9:53	5.5	3:34	-0.8	3:54	-0.8	7:11	6:59	
13	Fri	10:11	4.9	10:36	5.3	4:18	-0.7	4:33	-0.6	7:10	7:00	
14	Sat	10:56	4.6	11:20	5.0	5:00	-0.4	5:10	-0.2	7:08	7:01	
15	Sun	11:43	4.2			5:41	-0.1	5:46	0.2	7:06	7:02	
16	Mon	12:06	4.7	12:32	3.9	6:24	0.3	6:25	0.6	7:05	7:04	
17	Tue	12:54	4.4	1:23	3.7	7:14	0.6	7:12	0.9	7:03	7:05	
18	Wed	1:44	4.2	2:15	3.5	8:15	0.9	8:17	1.1	7:02	7:06	
19	Thu	2:36	4.1	3:10	3.4	9:22	0.9	9:29	1.2	7:00	7:07	
20	Fri	3:32	4.0	4:09	3.5	10:23	0.8	10:33	1.0	6:58	7:08	
21	Sat	4:32	4.0	5:10	3.7	11:15	0.6	11:28	0.8	6:57	7:09	
22	Sun	5:31	4.2	6:03	4.0			12:01	0.4	6:55	7:10	
23	Mon	6:21	4.4	6:47	4.4	12:16	0.5	12:43	0.2	6:53	7:11	
24	Tue	7:04	4.7	7:26	4.7	1:02	0.3	1:24	-0.1	6:52	7:12	
25	Wed	7:43	4.8	8:01	5.0	1:46	0.0	2:03	-0.2	6:50	7:13	
26	Thu	8:21	4.9	8:36	5.3	2:30	-0.2	2:42	-0.3	6:48	7:14	
27	Fri	8:59	4.9	9:12	5.4	3:14	-0.3	3:21	-0.4	6:47	7:15	
28	Sat	9:40	4.8	9:52	5.5	3:57	-0.4	4:00	-0.3	6:45	7:16	
29	Sun	10:24	4.6	10:37	5.4	4:40	-0.4	4:39	-0.3	6:43	7:17	
30	Mon	11:16	4.4	11:29	5.3	5:25	-0.2	5:21	-0.1	6:42	7:18	
31	Tue			12:14	4.3	6:16	0.0	6:10	0.1	6:40	7:19	