
































Fort Hamilton, The Narrows, NY - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:04	4.9	3:47	5.3	9:46	0.2	10:21	0.7	5:27	8:20	
2	Tue	4:01	4.6	4:42	5.4	10:38	0.3	11:17	0.6	5:26	8:21	
3	Wed	4:59	4.5	5:36	5.5	11:26	0.3			5:26	8:22	
4	Thu	5:56	4.4	6:25	5.6	12:08	0.5	12:12	0.4	5:26	8:22	
5	Fri	6:47	4.4	7:09	5.6	12:56	0.4	12:55	0.5	5:25	8:23	
6	Sat	7:33	4.5	7:50	5.6	1:42	0.3	1:39	0.5	5:25	8:24	
7	Sun	8:16	4.5	8:30	5.6	2:27	0.2	2:22	0.6	5:25	8:24	
8	Mon	8:58	4.4	9:09	5.5	3:11	0.2	3:05	0.7	5:25	8:25	
9	Tue	9:40	4.4	9:48	5.3	3:51	0.3	3:46	0.8	5:24	8:25	
10	Wed	10:23	4.3	10:27	5.1	4:30	0.3	4:25	0.9	5:24	8:26	
11	Thu	11:07	4.2	11:07	4.9	5:06	0.4	5:03	1.0	5:24	8:26	
12	Fri	11:52	4.2	11:50	4.7	5:42	0.5	5:40	1.2	5:24	8:27	
13	Sat			12:37	4.2	6:18	0.6	6:22	1.3	5:24	8:27	
14	Sun	12:34	4.6	1:20	4.4	6:58	0.7	7:14	1.4	5:24	8:28	
15	Mon	1:19	4.5	2:02	4.5	7:43	0.8	8:19	1.4	5:24	8:28	
16	Tue	2:07	4.4	2:46	4.8	8:35	0.8	9:28	1.3	5:24	8:29	
17	Wed	2:58	4.3	3:35	5.0	9:30	0.7	10:32	1.0	5:24	8:29	
18	Thu	3:57	4.3	4:31	5.3	10:26	0.6	11:30	0.7	5:24	8:29	
19	Fri	5:03	4.3	5:31	5.6	11:21	0.4			5:25	8:30	
20	Sat	6:07	4.5	6:28	6.0	12:25	0.3	12:15	0.2	5:25	8:30	
21	Sun	7:05	4.7	7:23	6.3	1:20	0.0	1:11	0.0	5:25	8:30	
22	Mon	7:59	5.0	8:15	6.4	2:15	-0.3	2:08	-0.1	5:25	8:30	
23	Tue	8:53	5.1	9:08	6.4	3:09	-0.5	3:05	-0.2	5:25	8:30	
24	Wed	9:49	5.3	10:02	6.3	4:00	-0.6	4:01	-0.2	5:26	8:30	
25	Thu	10:46	5.3	10:58	6.0	4:49	-0.7	4:54	-0.1	5:26	8:31	
26	Fri	11:44	5.4	11:55	5.7	5:38	-0.6	5:47	0.1	5:26	8:31	
27	Sat			12:41	5.4	6:27	-0.4	6:44	0.4	5:27	8:31	
28	Sun	12:51	5.4	1:35	5.4	7:19	-0.1	7:46	0.6	5:27	8:31	
29	Mon	1:45	5.1	2:27	5.4	8:15	0.1	8:52	0.8	5:28	8:31	
30	Tue	2:38	4.7	3:18	5.3	9:10	0.4	9:55	0.8	5:28	8:31	