

































Fort Hamilton, The Narrows, NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:58	4.0	5:28	5.0	11:16	1.0			5:53	8:11	
2	Sun	5:57	4.1	6:19	5.1	12:07	0.8	12:04	1.0	5:54	8:10	
3	Mon	6:47	4.3	7:05	5.3	12:52	0.7	12:50	0.9	5:55	8:09	
4	Tue	7:32	4.4	7:46	5.4	1:35	0.5	1:35	0.8	5:56	8:08	
5	Wed	8:12	4.6	8:23	5.4	2:17	0.4	2:19	0.7	5:57	8:06	
6	Thu	8:50	4.7	8:59	5.4	2:57	0.3	3:02	0.7	5:58	8:05	
7	Fri	9:26	4.8	9:33	5.3	3:34	0.2	3:42	0.7	5:59	8:04	
8	Sat	10:00	4.8	10:07	5.1	4:08	0.2	4:19	0.7	6:00	8:03	
9	Sun	10:33	4.9	10:42	4.9	4:40	0.3	4:55	0.8	6:01	8:02	
10	Mon	11:09	4.9	11:21	4.7	5:10	0.3	5:32	0.9	6:02	8:00	
11	Tue	11:50	5.0			5:41	0.5	6:14	1.0	6:03	7:59	
12	Wed	12:09	4.5	12:38	5.1	6:17	0.6	7:09	1.1	6:04	7:58	
13	Thu	1:03	4.4	1:32	5.2	7:03	0.7	8:22	1.2	6:05	7:56	
14	Fri	2:03	4.3	2:31	5.3	8:09	0.8	9:39	1.1	6:06	7:55	
15	Sat	3:07	4.2	3:35	5.4	9:26	0.8	10:47	0.8	6:07	7:54	
16	Sun	4:17	4.3	4:46	5.6	10:39	0.6	11:47	0.4	6:07	7:52	
17	Mon	5:29	4.6	5:54	5.9	11:44	0.3			6:08	7:51	
18	Tue	6:32	5.0	6:53	6.1	12:42	0.1	12:43	0.0	6:09	7:49	
19	Wed	7:28	5.5	7:46	6.3	1:35	-0.3	1:41	-0.2	6:10	7:48	
20	Thu	8:19	5.8	8:36	6.3	2:26	-0.5	2:36	-0.3	6:11	7:46	
21	Fri	9:09	6.0	9:25	6.2	3:14	-0.7	3:29	-0.4	6:12	7:45	
22	Sat	9:58	6.0	10:13	5.9	4:00	-0.7	4:19	-0.3	6:13	7:43	
23	Sun	10:48	5.9	11:03	5.5	4:43	-0.5	5:07	0.0	6:14	7:42	
24	Mon	11:39	5.7	11:55	5.1	5:26	-0.2	5:55	0.3	6:15	7:40	
25	Tue			12:30	5.5	6:08	0.2	6:46	0.7	6:16	7:39	
26	Wed	12:49	4.7	1:21	5.3	6:55	0.7	7:43	1.0	6:17	7:37	
27	Thu	1:42	4.4	2:11	5.1	7:48	1.1	8:47	1.2	6:18	7:36	
28	Fri	2:34	4.1	3:03	4.9	8:50	1.3	9:51	1.3	6:19	7:34	
29	Sat	3:29	4.0	3:57	4.8	9:52	1.4	10:48	1.2	6:20	7:33	
30	Sun	4:29	4.0	4:55	4.8	10:49	1.3	11:37	1.0	6:21	7:31	
31	Mon	5:28	4.2	5:50	5.0	11:40	1.2			6:22	7:30	