
































## Fort Hamilton, The Narrows, NY - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:09	5.5	6:32	4.9	1:02	0.3	12:44	0.3	6:26	4:52	
2	Mon	6:46	5.8	7:13	5.0	12:43	0.1	1:30	0.1	6:27	4:51	
3	Tue	7:25	6.0	7:56	4.9	1:26	0.1	2:17	0.0	6:29	4:50	
4	Wed	8:07	6.0	8:42	4.8	2:11	0.1	3:04	-0.1	6:30	4:49	
5	Thu	8:53	5.9	9:34	4.7	2:56	0.1	3:51	0.0	6:31	4:48	
6	Fri	9:46	5.8	10:34	4.6	3:43	0.2	4:40	0.1	6:32	4:47	
7	Sat	10:47	5.6	11:38	4.6	4:34	0.4	5:35	0.3	6:33	4:45	
8	Sun	11:52	5.4			5:33	0.6	6:37	0.4	6:34	4:44	
9	Mon	12:41	4.6	12:55	5.2	6:44	0.7	7:43	0.3	6:36	4:43	
10	Tue	1:41	4.8	1:55	5.1	8:00	0.7	8:45	0.2	6:37	4:42	
11	Wed	2:40	5.0	2:56	5.0	9:09	0.6	9:41	0.1	6:38	4:42	
12	Thu	3:39	5.3	3:57	4.9	10:09	0.4	10:31	-0.1	6:39	4:41	
13	Fri	4:36	5.5	4:55	4.9	11:04	0.1	11:18	-0.1	6:40	4:40	
14	Sat	5:27	5.7	5:47	4.9	11:54	0.0			6:41	4:39	
15	Sun	6:13	5.9	6:34	4.9	12:03	-0.1	12:42	-0.1	6:43	4:38	
16	Mon	6:56	5.9	7:18	4.8	12:48	-0.1	1:29	-0.1	6:44	4:37	
17	Tue	7:37	5.8	8:01	4.7	1:32	0.1	2:15	-0.1	6:45	4:36	
18	Wed	8:18	5.6	8:44	4.5	2:14	0.2	2:57	0.0	6:46	4:36	
19	Thu	8:59	5.4	9:29	4.3	2:55	0.4	3:38	0.2	6:47	4:35	
20	Fri	9:42	5.1	10:17	4.1	3:34	0.6	4:17	0.3	6:48	4:34	
21	Sat	10:28	4.8	11:08	4.0	4:13	0.8	4:57	0.5	6:50	4:34	
22	Sun	11:16	4.6	11:59	3.9	4:53	1.1	5:40	0.7	6:51	4:33	
23	Mon			12:06	4.4	5:40	1.3	6:29	0.8	6:52	4:33	
24	Tue	12:47	4.0	12:54	4.3	6:40	1.4	7:23	0.9	6:53	4:32	
25	Wed	1:34	4.0	1:41	4.2	7:50	1.4	8:17	0.8	6:54	4:32	
26	Thu	2:20	4.2	2:31	4.1	8:54	1.2	9:08	0.7	6:55	4:31	
27	Fri	3:08	4.4	3:26	4.1	9:50	1.0	9:55	0.5	6:56	4:31	
28	Sat	3:59	4.7	4:23	4.2	10:41	0.7	10:40	0.3	6:57	4:30	
29	Sun	4:49	5.1	5:16	4.3	11:30	0.3	11:26	0.1	6:58	4:30	
30	Mon	5:35	5.4	6:05	4.5			12:19	0.0	6:59	4:30	