US HARBORS www.USHarbors.com

Fort Hamilton, The Narrows, NY - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:42**	6.0	**8:17**	4.9	**1:39**	-0.8	**2:32**	-1.1	7:19	4:39	
2	Sat	**8:33**	5.9	**9:11**	5.0	**2:33**	-0.9	**3:20**	-1.2	7:19	4:40	
3	Sun	**9:25**	5.7	**10:06**	5.0	**3:25**	-0.9	**4:07**	-1.2	7:19	4:41	
4	Mon	**10:20**	5.4	**11:03**	5.0	**4:16**	-0.7	**4:54**	-1.0	7:19	4:42	
5	Tue	**11:16**	5.1	**11:59**	5.0	**5:10**	-0.4	**5:44**	-0.7	7:19	4:43	
6	Wed			**12:13**	4.7	**6:09**	-0.1	**6:39**	-0.4	7:19	4:44	
7	Thu	**12:54**	4.9	**1:08**	4.3	**7:14**	0.1	**7:38**	-0.2	7:19	4:45	
8	Fri	**1:48**	4.8	**2:03**	4.0	**8:22**	0.3	**8:37**	0.0	7:19	4:46	
9	Sat	**2:43**	4.7	**3:02**	3.8	**9:26**	0.3	**9:35**	0.1	7:19	4:47	
10	Sun	**3:41**	4.6	**4:05**	3.7	**10:23**	0.2	**10:27**	0.1	7:19	4:48	
11	Mon	**4:38**	4.7	**5:04**	3.7	**11:15**	0.1	**11:16**	0.1	7:18	4:49	
12	Tue	**5:30**	4.8	**5:56**	3.8			**12:02**	0.0	7:18	4:50	
13	Wed	**6:16**	4.9	**6:41**	4.0	**12:03**	0.1	**12:47**	-0.1	7:18	4:51	
14	Thu	**6:58**	4.9	**7:22**	4.1	**12:48**	0.0	**1:30**	-0.2	7:17	4:52	
15	Fri	**7:37**	4.9	**8:01**	4.1	**1:32**	0.0	**2:11**	-0.3	7:17	4:53	
16	Sat	**8:14**	4.8	**8:40**	4.1	**2:13**	0.0	**2:48**	-0.4	7:17	4:54	
17	Sun	**8:51**	4.7	**9:17**	4.1	**2:53**	0.0	**3:23**	-0.3	7:16	4:55	
18	Mon	**9:26**	4.5	**9:54**	4.1	**3:29**	0.1	**3:55**	-0.3	7:16	4:57	
19	Tue	**10:01**	4.3	**10:30**	4.0	**4:04**	0.2	**4:26**	-0.2	7:15	4:58	
20	Wed	**10:38**	4.1	**11:08**	4.0	**4:39**	0.4	**4:56**	0.0	7:15	4:59	
21	Thu	**11:20**	3.9	**11:50**	4.1	**5:17**	0.5	**5:29**	0.1	7:14	5:00	
22	Fri			**12:07**	3.7	**6:06**	0.7	**6:11**	0.2	7:13	5:01	
23	Sat	**12:36**	4.2	**1:00**	3.6	**7:14**	0.7	**7:09**	0.3	7:13	5:02	
24	Sun	**1:27**	4.3	**1:58**	3.5	**8:31**	0.7	**8:20**	0.3	7:12	5:04	
25	Mon	**2:27**	4.5	**3:06**	3.5	**9:40**	0.4	**9:30**	0.1	7:11	5:05	
26	Tue	**3:35**	4.7	**4:18**	3.7	**10:40**	0.0	**10:33**	-0.2	7:10	5:06	
27	Wed	**4:43**	5.0	**5:22**	4.1	**11:36**	-0.4	**11:32**	-0.5	7:10	5:07	
28	Thu	**5:43**	5.4	**6:18**	4.5			**12:29**	-0.7	7:09	5:08	
29	Fri	**6:37**	5.7	**7:10**	4.9	**12:29**	-0.8	**1:21**	-1.1	7:08	5:10	
30	Sat	**7:28**	5.9	**8:01**	5.2	**1:25**	-1.1	**2:10**	-1.3	7:07	5:11	
31	Sun	**8:18**	5.8	**8:51**	5.3	**2:19**	-1.2	**2:58**	-1.5	7:06	5:12	