US HARBORS www.USHarbors.com

Fort Hamilton, The Narrows, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:59**	5.7	**8:29**	5.7	**2:03**	-1.2	**2:32**	-1.3	6:29	5:47	
2	Tue	**8:48**	5.5	**9:18**	5.7	**2:54**	-1.2	**3:17**	-1.2	6:28	5:48	
3	Wed	**9:37**	5.2	**10:08**	5.5	**3:42**	-1.0	**4:01**	-1.0	6:26	5:49	
4	Thu	**10:29**	4.8	**10:59**	5.2	**4:30**	-0.7	**4:44**	-0.6	6:24	5:50	
5	Fri	**11:23**	4.4	**11:52**	4.9	**5:19**	-0.3	**5:30**	-0.1	6:23	5:51	
6	Sat			**12:18**	4.0	**6:14**	0.1	**6:23**	0.4	6:21	5:52	
7	Sun	**12:46**	4.6	**1:13**	3.8	**7:17**	0.5	**7:27**	0.7	6:20	5:54	
8	Mon	**1:39**	4.3	**2:09**	3.6	**8:24**	0.6	**8:34**	0.8	6:18	5:55	
9	Tue	**2:35**	4.1	**3:08**	3.5	**9:25**	0.6	**9:36**	0.8	6:17	5:56	
10	Wed	**3:36**	4.1	**4:10**	3.7	**10:19**	0.5	**10:30**	0.7	6:15	5:57	
11	Thu	**4:35**	4.2	**5:05**	3.9	**11:05**	0.3	**11:18**	0.5	6:13	5:58	
12	Fri	**5:25**	4.4	**5:51**	4.2	**11:47**	0.2			6:12	5:59	
13	Sat	**6:09**	4.6	**6:31**	4.5	**12:02**	0.3	**12:27**	0.0	6:10	6:00	
14	Sun	**7:47**	4.7	**8:07**	4.7	**12:45**	0.1	**2:05**	-0.1	7:08	7:01	
15	Mon	**8:23**	4.7	**8:40**	4.8	**2:27**	0.0	**2:43**	-0.2	7:07	7:02	
16	Tue	**8:58**	4.7	**9:11**	4.9	**3:08**	-0.1	**3:18**	-0.2	7:05	7:03	
17	Wed	**9:32**	4.6	**9:42**	4.9	**3:46**	-0.1	**3:52**	-0.2	7:04	7:04	
18	Thu	**10:06**	4.4	**10:13**	4.9	**4:22**	-0.1	**4:23**	-0.1	7:02	7:05	
19	Fri	**10:43**	4.2	**10:49**	4.9	**4:59**	0.0	**4:55**	0.0	7:00	7:06	
20	Sat	**11:26**	4.1	**11:35**	4.8	**5:36**	0.1	**5:29**	0.2	6:59	7:08	
21	Sun			**12:20**	3.9	**6:21**	0.3	**6:12**	0.3	6:57	7:09	
22	Mon	**12:31**	4.8	**1:20**	3.9	**7:20**	0.5	**7:11**	0.5	6:55	7:10	
23	Tue	**1:34**	4.7	**2:23**	3.9	**8:36**	0.6	**8:32**	0.6	6:54	7:11	
24	Wed	**2:40**	4.8	**3:29**	4.1	**9:49**	0.4	**9:54**	0.4	6:52	7:12	
25	Thu	**3:50**	4.8	**4:37**	4.4	**10:52**	0.1	**11:03**	0.1	6:50	7:13	
26	Fri	**5:00**	5.0	**5:42**	4.8	**11:48**	-0.3			6:49	7:14	
27	Sat	**6:04**	5.2	**6:40**	5.3	**12:03**	-0.3	**12:39**	-0.6	6:47	7:15	
28	Sun	**7:00**	5.4	**7:30**	5.7	**1:00**	-0.6	**1:29**	-0.8	6:45	7:16	
29	Mon	**7:50**	5.5	**8:18**	6.0	**1:54**	-0.8	**2:17**	-0.9	6:44	7:17	
30	Tue	**8:39**	5.5	**9:05**	6.0	**2:46**	-0.9	**3:05**	-0.9	6:42	7:18	
31	Wed	**9:26**	5.3	**9:51**	5.9	**3:36**	-0.9	**3:50**	-0.8	6:40	7:19	