



Fort Hamilton, The Narrows, NY - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:59	5.7	8:29	5.7	2:03	-1.2	2:32	-1.3	6:29	5:47	☉
2	Tue	8:48	5.5	9:18	5.7	2:54	-1.2	3:17	-1.2	6:28	5:48	☉
3	Wed	9:37	5.2	10:08	5.5	3:42	-1.0	4:01	-1.0	6:26	5:49	☉
4	Thu	10:29	4.8	10:59	5.2	4:30	-0.7	4:44	-0.6	6:24	5:50	☾
5	Fri	11:23	4.4	11:52	4.9	5:19	-0.3	5:30	-0.1	6:23	5:51	☾
6	Sat			12:18	4.0	6:14	0.1	6:23	0.4	6:21	5:52	☾
7	Sun	12:46	4.6	1:13	3.8	7:17	0.5	7:27	0.7	6:20	5:54	☾
8	Mon	1:39	4.3	2:09	3.6	8:24	0.6	8:34	0.8	6:18	5:55	☾
9	Tue	2:35	4.1	3:08	3.5	9:25	0.6	9:36	0.8	6:17	5:56	☾
10	Wed	3:36	4.1	4:10	3.7	10:19	0.5	10:30	0.7	6:15	5:57	☾
11	Thu	4:35	4.2	5:05	3.9	11:05	0.3	11:18	0.5	6:13	5:58	☾
12	Fri	5:25	4.4	5:51	4.2	11:47	0.2			6:12	5:59	☾
13	Sat	6:09	4.6	6:31	4.5	12:02	0.3	12:27	0.0	6:10	6:00	☾
14	Sun	7:47	4.7	8:07	4.7	12:45	0.1	2:05	-0.1	7:08	7:01	☾
15	Mon	8:23	4.7	8:40	4.8	2:27	0.0	2:43	-0.2	7:07	7:02	☾
16	Tue	8:58	4.7	9:11	4.9	3:08	-0.1	3:18	-0.2	7:05	7:03	☾
17	Wed	9:32	4.6	9:42	4.9	3:46	-0.1	3:52	-0.2	7:04	7:04	☾
18	Thu	10:06	4.4	10:13	4.9	4:22	-0.1	4:23	-0.1	7:02	7:05	☾
19	Fri	10:43	4.2	10:49	4.9	4:59	0.0	4:55	0.0	7:00	7:06	☾
20	Sat	11:26	4.1	11:35	4.8	5:36	0.1	5:29	0.2	6:59	7:08	☾
21	Sun			12:20	3.9	6:21	0.3	6:12	0.3	6:57	7:09	☾
22	Mon	12:31	4.8	1:20	3.9	7:20	0.5	7:11	0.5	6:55	7:10	☾
23	Tue	1:34	4.7	2:23	3.9	8:36	0.6	8:32	0.6	6:54	7:11	☾
24	Wed	2:40	4.8	3:29	4.1	9:49	0.4	9:54	0.4	6:52	7:12	☾
25	Thu	3:50	4.8	4:37	4.4	10:52	0.1	11:03	0.1	6:50	7:13	☾
26	Fri	5:00	5.0	5:42	4.8	11:48	-0.3			6:49	7:14	☾
27	Sat	6:04	5.2	6:40	5.3	12:03	-0.3	12:39	-0.6	6:47	7:15	☉
28	Sun	7:00	5.4	7:30	5.7	1:00	-0.6	1:29	-0.8	6:45	7:16	☉
29	Mon	7:50	5.5	8:18	6.0	1:54	-0.8	2:17	-0.9	6:44	7:17	☉
30	Tue	8:39	5.5	9:05	6.0	2:46	-0.9	3:05	-0.9	6:42	7:18	☉
31	Wed	9:26	5.3	9:51	5.9	3:36	-0.9	3:50	-0.8	6:40	7:19	☉