































## Fort Hamilton, The Narrows, NY - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:08	4.5	5:50	0.4	6:02	1.2	5:29	8:30	
2	Fri	12:11	4.6	12:51	4.5	6:26	0.6	6:46	1.3	5:29	8:30	
3	Sat	12:55	4.4	1:33	4.6	7:04	0.7	7:41	1.4	5:30	8:30	
4	Sun	1:39	4.3	2:13	4.6	7:49	0.9	8:45	1.5	5:30	8:30	
5	Mon	2:24	4.1	2:56	4.8	8:41	0.9	9:49	1.3	5:31	8:30	
6	Tue	3:15	4.0	3:44	4.9	9:37	0.9	10:48	1.1	5:31	8:29	
7	Wed	4:14	4.0	4:41	5.2	10:34	0.8	11:43	0.8	5:32	8:29	
8	Thu	5:19	4.1	5:40	5.5	11:29	0.6			5:33	8:29	
9	Fri	6:19	4.3	6:35	5.8	12:35	0.5	12:22	0.4	5:33	8:28	
10	Sat	7:12	4.6	7:26	6.1	1:27	0.2	1:17	0.2	5:34	8:28	
11	Sun	8:03	4.9	8:16	6.3	2:18	-0.1	2:12	0.0	5:35	8:28	
12	Mon	8:53	5.2	9:06	6.3	3:08	-0.4	3:07	-0.2	5:35	8:27	
13	Tue	9:45	5.4	9:57	6.2	3:56	-0.6	4:00	-0.2	5:36	8:27	
14	Wed	10:39	5.5	10:50	6.0	4:42	-0.7	4:51	-0.2	5:37	8:26	
15	Thu	11:34	5.6	11:46	5.7	5:28	-0.6	5:44	0.0	5:38	8:26	
16	Fri			12:31	5.7	6:15	-0.4	6:40	0.2	5:39	8:25	
17	Sat	12:42	5.4	1:26	5.7	7:06	-0.2	7:43	0.5	5:39	8:24	
18	Sun	1:38	5.0	2:19	5.6	8:03	0.1	8:50	0.7	5:40	8:24	
19	Mon	2:34	4.7	3:13	5.5	9:03	0.4	9:56	0.7	5:41	8:23	
20	Tue	3:31	4.4	4:10	5.4	10:03	0.5	10:56	0.7	5:42	8:22	
21	Wed	4:33	4.3	5:09	5.4	10:59	0.6	11:51	0.6	5:43	8:21	
22	Thu	5:36	4.3	6:05	5.4	11:52	0.6			5:44	8:21	
23	Fri	6:33	4.4	6:55	5.5	12:41	0.5	12:41	0.6	5:44	8:20	
24	Sat	7:22	4.5	7:39	5.5	1:28	0.4	1:28	0.6	5:45	8:19	
25	Sun	8:05	4.6	8:20	5.5	2:13	0.3	2:14	0.6	5:46	8:18	
26	Mon	8:47	4.7	8:59	5.5	2:54	0.2	2:58	0.6	5:47	8:17	
27	Tue	9:27	4.8	9:37	5.3	3:33	0.2	3:40	0.6	5:48	8:16	
28	Wed	10:06	4.8	10:14	5.1	4:09	0.2	4:19	0.7	5:49	8:15	
29	Thu	10:44	4.7	10:51	4.9	4:43	0.3	4:55	0.8	5:50	8:14	
30	Fri	11:22	4.7	11:29	4.7	5:14	0.4	5:32	1.0	5:51	8:13	
31	Sat			12:01	4.7	5:45	0.5	6:10	1.2	5:52	8:12	