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# Fort Hamilton, The Narrows, NY - Jul 2010

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | | | 12:08 | 4.5 | 5:50 | 0.4 | 6:02 | 1.2 | 5:29 | 8:30 | |
| 2 | Fri | 12:11 | 4.6 | 12:51 | 4.5 | 6:26 | 0.6 | 6:46 | 1.3 | 5:29 | 8:30 | |
| 3 | Sat | 12:55 | 4.4 | 1:33 | 4.6 | 7:04 | 0.7 | 7:41 | 1.4 | 5:30 | 8:30 | |
| 4 | Sun | 1:39 | 4.3 | 2:13 | 4.6 | 7:49 | 0.9 | 8:45 | 1.5 | 5:30 | 8:30 | |
| 5 | Mon | 2:24 | 4.1 | 2:56 | 4.8 | 8:41 | 0.9 | 9:49 | 1.3 | 5:31 | 8:30 | |
| 6 | Tue | 3:15 | 4.0 | 3:44 | 4.9 | 9:37 | 0.9 | 10:48 | 1.1 | 5:31 | 8:29 | |
| 7 | Wed | 4:14 | 4.0 | 4:41 | 5.2 | 10:34 | 0.8 | 11:43 | 0.8 | 5:32 | 8:29 | |
| 8 | Thu | 5:19 | 4.1 | 5:40 | 5.5 | 11:29 | 0.6 | | | 5:33 | 8:29 | |
| 9 | Fri | 6:19 | 4.3 | 6:35 | 5.8 | 12:35 | 0.5 | 12:22 | 0.4 | 5:33 | 8:28 | |
| 10 | Sat | 7:12 | 4.6 | 7:26 | 6.1 | 1:27 | 0.2 | 1:17 | 0.2 | 5:34 | 8:28 | |
| 11 | Sun | 8:03 | 4.9 | 8:16 | 6.3 | 2:18 | -0.1 | 2:12 | 0.0 | 5:35 | 8:28 | |
| 12 | Mon | 8:53 | 5.2 | 9:06 | 6.3 | 3:08 | -0.4 | 3:07 | -0.2 | 5:35 | 8:27 | |
| 13 | Tue | 9:45 | 5.4 | 9:57 | 6.2 | 3:56 | -0.6 | 4:00 | -0.2 | 5:36 | 8:27 | |
| 14 | Wed | 10:39 | 5.5 | 10:50 | 6.0 | 4:42 | -0.7 | 4:51 | -0.2 | 5:37 | 8:26 | |
| 15 | Thu | 11:34 | 5.6 | 11:46 | 5.7 | 5:28 | -0.6 | 5:44 | 0.0 | 5:38 | 8:26 | |
| 16 | Fri | | | 12:31 | 5.7 | 6:15 | -0.4 | 6:40 | 0.2 | 5:39 | 8:25 | |
| 17 | Sat | 12:42 | 5.4 | 1:26 | 5.7 | 7:06 | -0.2 | 7:43 | 0.5 | 5:39 | 8:24 | |
| 18 | Sun | 1:38 | 5.0 | 2:19 | 5.6 | 8:03 | 0.1 | 8:50 | 0.7 | 5:40 | 8:24 | |
| 19 | Mon | 2:34 | 4.7 | 3:13 | 5.5 | 9:03 | 0.4 | 9:56 | 0.7 | 5:41 | 8:23 | |
| 20 | Tue | 3:31 | 4.4 | 4:10 | 5.4 | 10:03 | 0.5 | 10:56 | 0.7 | 5:42 | 8:22 | |
| 21 | Wed | 4:33 | 4.3 | 5:09 | 5.4 | 10:59 | 0.6 | 11:51 | 0.6 | 5:43 | 8:21 | |
| 22 | Thu | 5:36 | 4.3 | 6:05 | 5.4 | 11:52 | 0.6 | | | 5:44 | 8:21 | |
| 23 | Fri | 6:33 | 4.4 | 6:55 | 5.5 | 12:41 | 0.5 | 12:41 | 0.6 | 5:44 | 8:20 | |
| 24 | Sat | 7:22 | 4.5 | 7:39 | 5.5 | 1:28 | 0.4 | 1:28 | 0.6 | 5:45 | 8:19 | |
| 25 | Sun | 8:05 | 4.6 | 8:20 | 5.5 | 2:13 | 0.3 | 2:14 | 0.6 | 5:46 | 8:18 | |
| 26 | Mon | 8:47 | 4.7 | 8:59 | 5.5 | 2:54 | 0.2 | 2:58 | 0.6 | 5:47 | 8:17 | |
| 27 | Tue | 9:27 | 4.8 | 9:37 | 5.3 | 3:33 | 0.2 | 3:40 | 0.6 | 5:48 | 8:16 | |
| 28 | Wed | 10:06 | 4.8 | 10:14 | 5.1 | 4:09 | 0.2 | 4:19 | 0.7 | 5:49 | 8:15 | |
| 29 | Thu | 10:44 | 4.7 | 10:51 | 4.9 | 4:43 | 0.3 | 4:55 | 0.8 | 5:50 | 8:14 | |
| 30 | Fri | 11:22 | 4.7 | 11:29 | 4.7 | 5:14 | 0.4 | 5:32 | 1.0 | 5:51 | 8:13 | |
| 31 | Sat | | | 12:01 | 4.7 | 5:45 | 0.5 | 6:10 | 1.2 | 5:52 | 8:12 | |