
































## Fort Hamilton, The Narrows, NY - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:02	5.2	5:28	4.2	11:38	-0.3	11:42	-0.3	7:19	4:39	
2	Sun	5:55	5.3	6:20	4.3			12:29	-0.4	7:19	4:40	
3	Mon	6:43	5.4	7:08	4.4	12:32	-0.3	1:17	-0.5	7:19	4:41	
4	Tue	7:27	5.3	7:53	4.4	1:21	-0.3	2:03	-0.5	7:19	4:42	
5	Wed	8:09	5.2	8:36	4.4	2:07	-0.2	2:45	-0.5	7:19	4:43	
6	Thu	8:51	5.0	9:19	4.3	2:50	-0.1	3:24	-0.5	7:19	4:44	
7	Fri	9:32	4.8	10:02	4.2	3:30	0.0	4:00	-0.3	7:19	4:44	
8	Sat	10:14	4.5	10:46	4.1	4:09	0.2	4:34	-0.2	7:19	4:45	
9	Sun	10:57	4.2	11:30	4.0	4:48	0.4	5:09	0.0	7:19	4:46	
10	Mon	11:41	4.0			5:30	0.6	5:46	0.2	7:19	4:48	
11	Tue	12:13	4.0	12:26	3.8	6:20	0.8	6:30	0.4	7:19	4:49	
12	Wed	12:56	4.0	1:12	3.6	7:22	0.9	7:22	0.5	7:18	4:50	
13	Thu	1:40	4.0	2:02	3.5	8:29	0.9	8:22	0.5	7:18	4:51	
14	Fri	2:29	4.1	3:00	3.4	9:30	0.7	9:21	0.4	7:18	4:52	
15	Sat	3:25	4.3	4:03	3.5	10:26	0.4	10:16	0.2	7:17	4:53	
16	Sun	4:25	4.6	5:03	3.7	11:17	0.1	11:08	0.0	7:17	4:54	
17	Mon	5:20	4.9	5:55	4.0			12:07	-0.2	7:16	4:55	
18	Tue	6:09	5.2	6:42	4.3			12:55	-0.6	7:16	4:56	
19	Wed	6:56	5.5	7:29	4.6	12:51	-0.6	1:43	-0.8	7:15	4:57	
20	Thu	7:42	5.7	8:16	4.9	1:43	-0.8	2:29	-1.1	7:15	4:59	
21	Fri	8:29	5.6	9:05	5.0	2:34	-0.9	3:14	-1.2	7:14	5:00	
22	Sat	9:18	5.5	9:56	5.1	3:23	-1.0	3:57	-1.2	7:13	5:01	
23	Sun	10:11	5.2	10:51	5.1	4:13	-0.8	4:42	-1.0	7:13	5:02	
24	Mon	11:06	4.9	11:47	5.0	5:05	-0.6	5:30	-0.8	7:12	5:03	
25	Tue			12:04	4.5	6:03	-0.3	6:25	-0.5	7:11	5:05	
26	Wed	12:44	4.9	1:02	4.2	7:10	0.0	7:28	-0.2	7:11	5:06	
27	Thu	1:40	4.8	2:01	3.9	8:20	0.1	8:33	0.0	7:10	5:07	
28	Fri	2:39	4.7	3:04	3.8	9:27	0.1	9:37	0.0	7:09	5:08	
29	Sat	3:42	4.7	4:11	3.8	10:27	0.0	10:34	0.0	7:08	5:09	
30	Sun	4:44	4.7	5:13	3.9	11:21	-0.1	11:27	-0.1	7:07	5:11	
31	Mon	5:39	4.8	6:05	4.1			12:10	-0.3	7:06	5:12	