

































## Fort Hamilton, The Narrows, NY - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:56	4.7	3:31	5.1	9:23	0.5	10:14	0.9	5:29	8:30	
2	Tue	3:49	4.4	4:23	5.1	10:15	0.6	11:09	0.8	5:29	8:30	
3	Wed	4:46	4.3	5:16	5.1	11:04	0.7	11:58	0.7	5:30	8:30	
4	Thu	5:42	4.3	6:06	5.2	11:50	0.7			5:30	8:30	
5	Fri	6:33	4.4	6:51	5.3	12:44	0.6	12:35	0.6	5:31	8:30	
6	Sat	7:20	4.5	7:33	5.4	1:28	0.5	1:19	0.6	5:32	8:29	
7	Sun	8:03	4.6	8:11	5.4	2:11	0.4	2:03	0.6	5:32	8:29	
8	Mon	8:44	4.6	8:48	5.4	2:54	0.3	2:47	0.6	5:33	8:29	
9	Tue	9:24	4.7	9:23	5.3	3:33	0.2	3:29	0.6	5:34	8:28	
10	Wed	10:03	4.6	9:57	5.2	4:11	0.2	4:08	0.7	5:34	8:28	
11	Thu	10:42	4.6	10:32	5.1	4:45	0.2	4:46	0.7	5:35	8:27	
12	Fri	11:22	4.6	11:10	4.9	5:18	0.3	5:23	0.8	5:36	8:27	
13	Sat			12:04	4.7	5:51	0.4	6:04	0.9	5:36	8:26	
14	Sun			12:49	4.9	6:27	0.5	6:53	1.0	5:37	8:26	
15	Mon	12:46	4.7	1:37	5.0	7:11	0.5	7:57	1.0	5:38	8:25	
16	Tue	1:42	4.6	2:29	5.2	8:08	0.6	9:10	0.9	5:39	8:25	
17	Wed	2:40	4.5	3:25	5.4	9:15	0.5	10:18	0.7	5:40	8:24	
18	Thu	3:45	4.5	4:29	5.7	10:22	0.4	11:21	0.4	5:40	8:23	
19	Fri	4:56	4.6	5:34	5.9	11:24	0.2			5:41	8:23	
20	Sat	6:04	4.9	6:35	6.2	12:19	0.0	12:23	-0.1	5:42	8:22	
21	Sun	7:04	5.2	7:30	6.5	1:14	-0.3	1:21	-0.2	5:43	8:21	
22	Mon	8:00	5.5	8:22	6.5	2:09	-0.6	2:19	-0.4	5:44	8:20	
23	Tue	8:53	5.6	9:14	6.5	3:01	-0.8	3:14	-0.4	5:45	8:20	
24	Wed	9:46	5.7	10:05	6.2	3:51	-0.8	4:07	-0.4	5:46	8:19	
25	Thu	10:39	5.7	10:58	5.9	4:38	-0.8	4:57	-0.2	5:46	8:18	
26	Fri	11:33	5.6	11:51	5.6	5:24	-0.6	5:47	0.1	5:47	8:17	
27	Sat			12:26	5.5	6:09	-0.2	6:40	0.5	5:48	8:16	
28	Sun	12:44	5.2	1:18	5.3	6:56	0.1	7:37	0.8	5:49	8:15	
29	Mon	1:35	4.8	2:07	5.2	7:47	0.5	8:39	1.0	5:50	8:14	
30	Tue	2:26	4.5	2:55	5.0	8:42	0.8	9:40	1.1	5:51	8:13	
31	Wed	3:17	4.3	3:46	4.9	9:37	0.9	10:37	1.0	5:52	8:12	