

































## Fort Hamilton, The Narrows, NY - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:21	4.7	7:34	6.0	1:36	0.2	1:27	0.2	5:29	8:30	
2	Tue	8:10	4.9	8:21	6.2	2:26	-0.1	2:19	0.1	5:29	8:30	
3	Wed	8:59	5.0	9:10	6.3	3:16	-0.3	3:11	-0.1	5:30	8:30	
4	Thu	9:51	5.1	10:01	6.2	4:05	-0.5	4:03	-0.1	5:30	8:30	
5	Fri	10:46	5.2	10:57	6.0	4:53	-0.5	4:55	-0.1	5:31	8:30	
6	Sat	11:44	5.2	11:55	5.8	5:40	-0.4	5:48	0.1	5:31	8:30	
7	Sun			12:42	5.3	6:31	-0.3	6:46	0.3	5:32	8:29	
8	Mon	12:53	5.5	1:39	5.4	7:26	-0.1	7:51	0.5	5:33	8:29	
9	Tue	1:50	5.3	2:33	5.5	8:24	0.0	8:59	0.6	5:33	8:29	
10	Wed	2:46	5.0	3:28	5.5	9:23	0.1	10:04	0.6	5:34	8:28	
11	Thu	3:43	4.8	4:24	5.5	10:20	0.2	11:04	0.5	5:35	8:28	
12	Fri	4:44	4.6	5:22	5.6	11:13	0.3	11:58	0.4	5:35	8:27	
13	Sat	5:44	4.5	6:15	5.7			12:03	0.3	5:36	8:27	
14	Sun	6:40	4.6	7:03	5.7	12:49	0.3	12:51	0.4	5:37	8:26	
15	Mon	7:29	4.6	7:48	5.7	1:37	0.2	1:38	0.4	5:38	8:26	
16	Tue	8:14	4.7	8:30	5.7	2:24	0.1	2:24	0.5	5:38	8:25	
17	Wed	8:57	4.7	9:10	5.6	3:08	0.1	3:08	0.6	5:39	8:24	
18	Thu	9:40	4.6	9:51	5.4	3:48	0.1	3:50	0.6	5:40	8:24	
19	Fri	10:23	4.6	10:31	5.2	4:27	0.2	4:30	0.7	5:41	8:23	
20	Sat	11:06	4.5	11:12	5.0	5:03	0.3	5:08	0.9	5:42	8:22	
21	Sun	11:50	4.5	11:54	4.8	5:37	0.4	5:46	1.1	5:43	8:22	
22	Mon			12:33	4.5	6:13	0.6	6:28	1.2	5:43	8:21	
23	Tue	12:38	4.6	1:15	4.5	6:50	0.7	7:17	1.4	5:44	8:20	
24	Wed	1:22	4.4	1:56	4.6	7:33	0.8	8:19	1.4	5:45	8:19	
25	Thu	2:07	4.3	2:38	4.7	8:25	0.9	9:26	1.4	5:46	8:18	
26	Fri	2:57	4.2	3:26	4.9	9:22	0.9	10:28	1.1	5:47	8:17	
27	Sat	3:55	4.2	4:22	5.1	10:20	0.8	11:25	0.8	5:48	8:16	
28	Sun	4:59	4.3	5:23	5.4	11:16	0.6			5:49	8:16	
29	Mon	6:02	4.5	6:20	5.8	12:18	0.5	12:10	0.4	5:50	8:15	
30	Tue	6:58	4.8	7:13	6.1	1:11	0.1	1:05	0.1	5:51	8:14	
31	Wed	7:50	5.1	8:04	6.3	2:03	-0.2	2:00	-0.1	5:52	8:12	