

































Fort Hamilton, The Narrows, NY - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:12	4.6	3:33	3.9	9:57	0.3	9:57	0.0	7:19	4:39	
2	Mon	4:08	4.7	4:31	3.8	10:50	0.2	10:44	0.1	7:19	4:40	
3	Tue	5:00	4.7	5:25	3.9	11:38	0.1	11:29	0.1	7:19	4:41	
4	Wed	5:47	4.8	6:13	3.9			12:24	0.0	7:19	4:42	
5	Thu	6:29	4.9	6:57	4.0	12:13	0.1	1:09	-0.1	7:19	4:43	
6	Fri	7:09	4.9	7:38	4.0	12:57	0.1	1:52	-0.1	7:19	4:44	
7	Sat	7:46	4.9	8:19	4.0	1:40	0.1	2:32	-0.2	7:19	4:45	
8	Sun	8:23	4.8	8:59	3.9	2:22	0.1	3:10	-0.2	7:19	4:46	
9	Mon	8:59	4.6	9:40	3.9	3:01	0.2	3:45	-0.1	7:19	4:47	
10	Tue	9:34	4.5	10:21	3.8	3:38	0.3	4:18	0.0	7:19	4:48	
11	Wed	10:10	4.3	11:02	3.8	4:13	0.4	4:51	0.1	7:18	4:49	
12	Thu	10:50	4.1	11:44	3.9	4:51	0.5	5:24	0.2	7:18	4:50	
13	Fri	11:34	4.0			5:34	0.7	6:01	0.3	7:18	4:51	
14	Sat	12:28	4.0	12:24	3.8	6:30	0.7	6:49	0.3	7:18	4:52	
15	Sun	1:13	4.2	1:18	3.7	7:42	0.7	7:50	0.3	7:17	4:53	
16	Mon	2:04	4.4	2:18	3.6	8:55	0.6	8:55	0.2	7:17	4:54	
17	Tue	3:03	4.6	3:27	3.6	10:01	0.3	9:58	0.0	7:16	4:55	
18	Wed	4:09	4.9	4:39	3.8	11:00	-0.1	10:57	-0.2	7:16	4:56	
19	Thu	5:12	5.3	5:42	4.1	11:56	-0.5	11:55	-0.5	7:15	4:57	
20	Fri	6:09	5.6	6:38	4.4			12:51	-0.8	7:15	4:59	
21	Sat	7:02	5.9	7:31	4.7	12:53	-0.7	1:45	-1.1	7:14	5:00	
22	Sun	7:54	5.9	8:24	4.8	1:49	-0.9	2:36	-1.3	7:13	5:01	
23	Mon	8:46	5.9	9:17	4.9	2:43	-1.0	3:24	-1.3	7:13	5:02	
24	Tue	9:38	5.6	10:12	4.9	3:35	-0.9	4:10	-1.2	7:12	5:03	
25	Wed	10:31	5.3	11:07	4.8	4:26	-0.7	4:56	-1.0	7:11	5:05	
26	Thu	11:25	4.9			5:18	-0.4	5:43	-0.7	7:10	5:06	
27	Fri	12:00	4.7	12:18	4.5	6:15	0.0	6:34	-0.3	7:10	5:07	
28	Sat	12:52	4.6	1:11	4.1	7:19	0.3	7:29	0.0	7:09	5:08	
29	Sun	1:43	4.5	2:04	3.8	8:26	0.4	8:27	0.2	7:08	5:09	
30	Mon	2:35	4.3	3:01	3.5	9:28	0.4	9:23	0.4	7:07	5:11	
31	Tue	3:32	4.2	4:03	3.4	10:25	0.4	10:16	0.4	7:06	5:12	