

































## Fort Hamilton, The Narrows, NY - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:01	5.1	6:30	4.7			12:34	-0.6	6:29	5:47	
2	Mon	6:48	5.2	7:16	5.0	12:42	-0.5	1:20	-0.8	6:27	5:48	
3	Tue	7:32	5.2	7:59	5.1	1:31	-0.6	2:03	-0.8	6:26	5:49	
4	Wed	8:13	5.1	8:40	5.1	2:17	-0.6	2:43	-0.7	6:24	5:50	
5	Thu	8:54	4.9	9:20	5.0	3:00	-0.5	3:19	-0.6	6:23	5:51	
6	Fri	9:34	4.6	10:00	4.9	3:40	-0.4	3:53	-0.3	6:21	5:53	
7	Sat	10:16	4.2	10:41	4.6	4:18	-0.1	4:25	0.0	6:20	5:54	
8	Sun			12:00	3.9	5:57	0.2	5:58	0.3	7:18	6:55	
9	Mon	12:24	4.4	12:47	3.6	6:39	0.5	6:33	0.7	7:16	6:56	
10	Tue	1:10	4.2	1:37	3.4	7:31	0.8	7:21	0.9	7:15	6:57	
11	Wed	1:58	4.1	2:29	3.3	8:37	0.9	8:31	1.1	7:13	6:58	
12	Thu	2:51	4.0	3:26	3.3	9:46	0.9	9:47	1.1	7:12	6:59	
13	Fri	3:50	4.0	4:30	3.4	10:46	0.8	10:51	0.9	7:10	7:00	
14	Sat	4:53	4.1	5:31	3.6	11:38	0.5	11:45	0.7	7:08	7:01	
15	Sun	5:51	4.4	6:22	4.0			12:24	0.2	7:07	7:02	
16	Mon	6:40	4.7	7:06	4.4	12:34	0.3	1:07	-0.1	7:05	7:03	
17	Tue	7:23	5.0	7:45	4.8	1:21	0.0	1:49	-0.3	7:03	7:04	
18	Wed	8:03	5.1	8:23	5.2	2:08	-0.3	2:30	-0.5	7:02	7:06	
19	Thu	8:44	5.2	9:02	5.4	2:55	-0.5	3:11	-0.7	7:00	7:07	
20	Fri	9:27	5.1	9:44	5.6	3:41	-0.6	3:51	-0.7	6:58	7:08	
21	Sat	10:12	4.9	10:30	5.6	4:26	-0.6	4:32	-0.6	6:57	7:09	
22	Sun	11:03	4.7	11:22	5.4	5:13	-0.5	5:14	-0.4	6:55	7:10	
23	Mon			12:00	4.4	6:03	-0.2	6:01	-0.1	6:53	7:11	
24	Tue	12:21	5.2	1:03	4.2	7:02	0.1	6:59	0.2	6:52	7:12	
25	Wed	1:24	5.0	2:06	4.1	8:13	0.3	8:13	0.5	6:50	7:13	
26	Thu	2:28	4.8	3:11	4.1	9:28	0.4	9:32	0.5	6:48	7:14	
27	Fri	3:34	4.7	4:18	4.2	10:34	0.2	10:42	0.4	6:47	7:15	
28	Sat	4:43	4.7	5:24	4.4	11:31	0.0	11:42	0.2	6:45	7:16	
29	Sun	5:47	4.8	6:21	4.8			12:21	-0.2	6:44	7:17	
30	Mon	6:40	4.9	7:09	5.1	12:35	0.0	1:07	-0.3	6:42	7:18	
31	Tue	7:26	5.0	7:51	5.3	1:24	-0.2	1:50	-0.4	6:40	7:19	