US HARBORS www.USHarbors.com

Fort Hamilton, The Narrows, NY - Jul 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:02	4.4	10:09	5.2	4:10	0.3	4:08	0.8	5:29	8:30	
2	Sun	10:45	4.4	10:49	5.0	4:46	0.3	4:47	0.9	5:29	8:30	
3	Mon	11:28	4.4	11:29	4.8	5:21	0.4	5:24	1.1	5:30	8:30	
4	Tue			12:11	4.4	5:54	0.5	6:03	1.2	5:31	8:30	
5	Wed	12:10	4.6	12:53	4.4	6:29	0.6	6:47	1.4	5:31	8:30	
6	Thu	12:53	4.4	1:33	4.6	7:06	0.7	7:43	1.5	5:32	8:29	
7	Fri	1:38	4.3	2:13	4.7	7:51	0.8	8:50	1.4	5:32	8:29	
8	Sat	2:26	4.2	2:58	4.9	8:45	0.9	9:57	1.3	5:33	8:29	
9	Sun	3:20	4.1	3:51	5.1	9:44	0.8	10:59	1.0	5:34	8:28	
10	Mon	4:24	4.1	4:52	5.4	10:43	0.7	11:55	0.7	5:35	8:28	
11	Tue	5:32	4.2	5:54	5.7	11:41	0.5			5:35	8:27	
12	Wed	6:34	4.4	6:51	6.0	12:50	0.3	12:37	0.3	5:36	8:27	
13	Thu	7:29	4.8	7:45	6.3	1:44	0.0	1:35	0.1	5:37	8:26	
14	Fri	8:22	5.0	8:37	6.4	2:37	-0.3	2:32	-0.1	5:37	8:26	
15	Sat	9:15	5.3	9:29	6.3	3:28	-0.5	3:28	-0.2	5:38	8:25	
16	Sun	10:09	5.4	10:22	6.2	4:16	-0.7	4:22	-0.2	5:39	8:25	
17	Mon	11:04	5.6	11:16	5.9	5:03	-0.7	5:14	-0.1	5:40	8:24	
18	Tue			12:00	5.6	5:49	-0.5	6:07	0.1	5:41	8:23	
19	Wed	12:12	5.5	12:55	5.6	6:37	-0.3	7:05	0.4	5:42	8:23	
20	Thu	1:07	5.2	1:48	5.6	7:29	0.0	8:09	0.7	5:42	8:22	
21	Fri	2:01	4.8	2:40	5.5	8:25	0.3	9:15	0.8	5:43	8:21	
22	Sat	2:55	4.5	3:32	5.3	9:24	0.6	10:18	0.9	5:44	8:20	
23	Sun	3:52	4.2	4:28	5.2	10:20	0.7	11:16	0.8	5:45	8:19	
24	Mon	4:54	4.1	5:26	5.2	11:14	0.8			5:46	8:19	
25	Tue	5:54	4.1	6:19	5.3	12:07	0.7	12:04	0.8	5:47	8:18	
26	Wed	6:47	4.2	7:06	5.4	12:55	0.6	12:51	0.8	5:48	8:17	
27	Thu	7:33	4.4	7:48	5.4	1:40	0.5	1:37	0.8	5:49	8:16	
28	Fri	8:15	4.5	8:28	5.4	2:23	0.4	2:22	0.7	5:50	8:15	
29	Sat	8:55	4.6	9:05	5.4	3:03	0.3	3:05	0.7	5:50	8:14	
30	Sun	9:34	4.7	9:42	5.2	3:41	0.3	3:46	0.7	5:51	8:13	
31	Mon	10:11	4.7	10:17	5.1	4:16	0.3	4:23	0.8	5:52	8:12	