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# Fort Hamilton, The Narrows, NY - Mar 2070

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:35 | 4.3 | 11:02 | 4.5 | 4:32 | -0.1 | 4:45 | 0.0 | 6:28 | 5:47 | |
| 2 | Sun | 11:20 | 4.0 | 11:48 | 4.3 | 5:12 | 0.2 | 5:21 | 0.3 | 6:27 | 5:48 | |
| 3 | Mon | | | 12:07 | 3.8 | 5:57 | 0.5 | 6:03 | 0.6 | 6:25 | 5:49 | |
| 4 | Tue | 12:34 | 4.2 | 12:56 | 3.6 | 6:53 | 0.7 | 6:59 | 0.8 | 6:24 | 5:51 | |
| 5 | Wed | 1:22 | 4.1 | 1:47 | 3.5 | 7:58 | 0.8 | 8:06 | 0.9 | 6:22 | 5:52 | |
| 6 | Thu | 2:13 | 4.0 | 2:43 | 3.5 | 9:01 | 0.7 | 9:11 | 0.8 | 6:21 | 5:53 | |
| 7 | Fri | 3:10 | 4.1 | 3:44 | 3.6 | 9:58 | 0.5 | 10:09 | 0.6 | 6:19 | 5:54 | |
| 8 | Sat | 4:10 | 4.3 | 4:42 | 3.9 | 10:48 | 0.3 | 11:00 | 0.3 | 6:17 | 5:55 | |
| 9 | Sun | 6:05 | 4.6 | 6:32 | 4.3 | | | 12:35 | 0.0 | 7:16 | 6:56 | |
| 10 | Mon | 6:52 | 4.9 | 7:16 | 4.7 | 12:49 | 0.0 | 1:19 | -0.3 | 7:14 | 6:57 | |
| 11 | Tue | 7:36 | 5.1 | 7:57 | 5.0 | 1:37 | -0.3 | 2:04 | -0.6 | 7:13 | 6:58 | |
| 12 | Wed | 8:19 | 5.3 | 8:38 | 5.3 | 2:25 | -0.6 | 2:47 | -0.8 | 7:11 | 6:59 | |
| 13 | Thu | 9:02 | 5.4 | 9:21 | 5.5 | 3:12 | -0.8 | 3:31 | -0.9 | 7:09 | 7:00 | |
| 14 | Fri | 9:47 | 5.3 | 10:07 | 5.6 | 3:59 | -0.9 | 4:14 | -0.9 | 7:08 | 7:02 | |
| 15 | Sat | 10:37 | 5.1 | 10:57 | 5.5 | 4:46 | -0.8 | 4:57 | -0.8 | 7:06 | 7:03 | |
| 16 | Sun | 11:31 | 4.9 | 11:53 | 5.4 | 5:34 | -0.6 | 5:43 | -0.6 | 7:04 | 7:04 | |
| 17 | Mon | | | 12:30 | 4.7 | 6:27 | -0.4 | 6:35 | -0.3 | 7:03 | 7:05 | |
| 18 | Tue | 12:53 | 5.2 | 1:30 | 4.5 | 7:30 | -0.1 | 7:38 | 0.0 | 7:01 | 7:06 | |
| 19 | Wed | 1:53 | 5.0 | 2:31 | 4.4 | 8:40 | 0.1 | 8:50 | 0.2 | 6:59 | 7:07 | |
| 20 | Thu | 2:55 | 4.9 | 3:34 | 4.4 | 9:49 | 0.1 | 10:00 | 0.2 | 6:58 | 7:08 | |
| 21 | Fri | 3:59 | 4.8 | 4:39 | 4.4 | 10:51 | 0.0 | 11:04 | 0.1 | 6:56 | 7:09 | |
| 22 | Sat | 5:04 | 4.8 | 5:41 | 4.7 | 11:47 | -0.2 | | | 6:55 | 7:10 | |
| 23 | Sun | 6:05 | 4.9 | 6:35 | 4.9 | 12:00 | -0.1 | 12:36 | -0.3 | 6:53 | 7:11 | |
| 24 | Mon | 6:56 | 5.0 | 7:23 | 5.2 | 12:52 | -0.2 | 1:22 | -0.4 | 6:51 | 7:12 | |
| 25 | Tue | 7:41 | 5.1 | 8:05 | 5.3 | 1:40 | -0.3 | 2:06 | -0.4 | 6:50 | 7:13 | |
| 26 | Wed | 8:23 | 5.1 | 8:45 | 5.3 | 2:25 | -0.4 | 2:47 | -0.4 | 6:48 | 7:14 | |
| 27 | Thu | 9:03 | 5.0 | 9:24 | 5.3 | 3:09 | -0.4 | 3:26 | -0.3 | 6:46 | 7:15 | |
| 28 | Fri | 9:42 | 4.8 | 10:02 | 5.2 | 3:49 | -0.3 | 4:02 | -0.2 | 6:45 | 7:16 | |
| 29 | Sat | 10:21 | 4.6 | 10:41 | 5.0 | 4:28 | -0.2 | 4:37 | 0.0 | 6:43 | 7:17 | |
| 30 | Sun | 11:02 | 4.3 | 11:20 | 4.8 | 5:05 | 0.0 | 5:10 | 0.3 | 6:41 | 7:18 | |
| 31 | Mon | 11:46 | 4.1 | | | 5:42 | 0.2 | 5:43 | 0.6 | 6:40 | 7:20 | |