US HARBORS www.USHarbors.com

Gilgo Heading, NY - Jul 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:03	1.0	4:37	1.1	10:58	0.2			4:29	7:31	
2	Tue	4:55	1.0	5:27	1.2	12:03	0.3	11:52 AM	0.2	4:29	7:31	
3	Wed	5:57	1.0	6:24	1.3	1:00	0.3	12:46	0.2	4:30	7:31	
4	Thu	7:01	1.0	7:21	1.3	1:54	0.2	1:39	0.1	4:31	7:31	
5	Fri	8:00	1.0	8:15	1.4	2:47	0.1	2:32	0.1	4:31	7:31	
6	Sat	8:53	1.1	9:06	1.5	3:40	0.0	3:28	0.0	4:32	7:30	
7	Sun	9:45	1.2	9:57	1.5	4:33	0.0	4:24	0.0	4:32	7:30	
8	Mon	10:37	1.2	10:49	1.5	5:23	-0.1	5:20	0.0	4:33	7:30	
9	Tue	11:31	1.2	11:43	1.5	6:12	-0.1	6:13	0.0	4:34	7:29	
10	Wed			12:27	1.3	6:58	-0.1	7:05	0.0	4:34	7:29	
11	Thu	12:38	1.4	1:24	1.3	7:45	-0.1	7:59	0.0	4:35	7:29	
12	Fri	1:34	1.3	2:20	1.3	8:34	-0.1	8:59	0.1	4:36	7:28	
13	Sat	2:30	1.2	3:14	1.3	9:27	0.0	10:04	0.2	4:37	7:28	
14	Sun	3:25	1.2	4:06	1.3	10:24	0.1	11:11	0.2	4:37	7:27	
15	Mon	4:19	1.1	4:59	1.3	11:22	0.1			4:38	7:27	
16	Tue	5:17	1.0	5:55	1.3	12:14	0.2	12:18	0.1	4:39	7:26	
17	Wed	6:19	1.0	6:52	1.3	1:12	0.2	1:11	0.2	4:40	7:25	
18	Thu	7:20	1.0	7:45	1.3	2:04	0.2	2:00	0.2	4:41	7:25	
19	Fri	8:13	1.0	8:32	1.3	2:53	0.1	2:48	0.2	4:41	7:24	
20	Sat	9:00	1.0	9:15	1.3	3:39	0.1	3:35	0.2	4:42	7:23	
21	Sun	9:43	1.1	9:56	1.3	4:23	0.1	4:21	0.2	4:43	7:23	
22	Mon	10:24	1.1	10:34	1.3	5:05	0.1	5:04	0.2	4:44	7:22	
23	Tue	11:05	1.1	11:12	1.2	5:43	0.1	5:45	0.2	4:45	7:21	
24	Wed	11:44	1.1	11:49	1.2	6:18	0.1	6:23	0.2	4:46	7:20	
25	Thu			12:24	1.1	6:51	0.1	7:00	0.2	4:47	7:19	
26	Fri	12:27	1.1	1:03	1.1	7:22	0.1	7:36	0.3	4:48	7:18	
27	Sat	1:05	1.1	1:41	1.1	7:53	0.2	8:16	0.3	4:48	7:17	
28	Sun	1:47	1.0	2:21	1.1	8:26	0.2	9:05	0.3	4:49	7:17	
29	Mon	2:32	1.0	3:03	1.1	9:05	0.2	10:11	0.4	4:50	7:16	
30	Tue	3:22	1.0	3:49	1.2	9:58	0.2	11:24	0.3	4:51	7:15	
31	Wed	4:17	1.0	4:44	1.2	11:04	0.2			4:52	7:14	