US HARBORS www.USHarbors.com

Gilgo Heading, NY - Jul 1745

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:15	1.1	11:22	1.4	6:01	-0.1	5:55	0.0	4:29	7:31	
2	Fri			12:08	1.2	6:46	-0.1	6:45	0.0	4:30	7:31	
3	Sat	12:16	1.4	1:05	1.2	7:32	-0.1	7:37	0.1	4:30	7:31	
4	Sun	1:12	1.3	2:01	1.2	8:20	0.0	8:35	0.1	4:31	7:31	
5	Mon	2:09	1.3	2:56	1.3	9:12	0.0	9:40	0.2	4:31	7:31	
6	Tue	3:05	1.2	3:50	1.3	10:08	0.0	10:48	0.2	4:32	7:30	
7	Wed	4:00	1.1	4:44	1.3	11:06	0.1	11:55	0.2	4:33	7:30	
8	Thu	4:58	1.1	5:40	1.3			12:04	0.1	4:33	7:30	
9	Fri	6:01	1.0	6:39	1.3	12:56	0.1	12:59	0.1	4:34	7:29	
10	Sat	7:04	1.0	7:35	1.3	1:52	0.1	1:51	0.1	4:35	7:29	
11	Sun	8:02	1.0	8:26	1.4	2:44	0.1	2:42	0.1	4:35	7:29	
12	Mon	8:54	1.1	9:12	1.4	3:34	0.1	3:31	0.1	4:36	7:28	
13	Tue	9:41	1.1	9:56	1.3	4:22	0.1	4:20	0.1	4:37	7:28	
14	Wed	10:25	1.1	10:38	1.3	5:08	0.0	5:06	0.2	4:38	7:27	
15	Thu	11:09	1.1	11:19	1.3	5:49	0.0	5:49	0.2	4:38	7:27	
16	Fri	11:53	1.1			6:26	0.1	6:29	0.2	4:39	7:26	
17	Sat	12:01	1.2	12:37	1.1	7:02	0.1	7:08	0.2	4:40	7:25	
18	Sun	12:42	1.2	1:21	1.1	7:36	0.1	7:48	0.3	4:41	7:25	
19	Mon	1:25	1.1	2:04	1.1	8:10	0.2	8:31	0.3	4:42	7:24	
20	Tue	2:08	1.1	2:45	1.1	8:46	0.2	9:23	0.4	4:43	7:23	
21	Wed	2:52	1.0	3:24	1.1	9:28	0.2	10:26	0.4	4:43	7:22	
22	Thu	3:37	1.0	4:06	1.1	10:18	0.3	11:32	0.4	4:44	7:22	
23	Fri	4:27	0.9	4:53	1.2	11:15	0.3			4:45	7:21	
24	Sat	5:26	0.9	5:50	1.2	12:32	0.3	12:13	0.2	4:46	7:20	
25	Sun	6:31	0.9	6:50	1.3	1:28	0.2	1:10	0.2	4:47	7:19	
26	Mon	7:33	1.0	7:47	1.3	2:20	0.2	2:05	0.2	4:48	7:18	
27	Tue	8:27	1.1	8:39	1.4	3:11	0.1	2:59	0.1	4:49	7:17	
28	Wed	9:17	1.1	9:29	1.5	4:02	0.0	3:54	0.0	4:50	7:16	
29	Thu	10:06	1.2	10:18	1.5	4:52	-0.1	4:49	0.0	4:51	7:15	
30	Fri	10:56	1.3	11:08	1.5	5:39	-0.1	5:42	0.0	4:52	7:14	
31	Sat	11:48	1.3			6:24	-0.1	6:33	0.0	4:53	7:13	