

Gilgo Heading, NY - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:25	1.2	11:45	1.5	6:14	-0.1	6:12	0.0	5:24	8:18	
2	Mon			12:21	1.2	7:06	-0.1	7:06	0.0	5:24	8:18	
3	Tue	12:40	1.5	1:20	1.2	7:56	-0.1	8:00	0.0	5:23	8:19	
4	Wed	1:39	1.4	2:23	1.2	8:48	-0.1	8:56	0.1	5:23	8:20	
5	Thu	2:40	1.4	3:24	1.2	9:43	0.0	9:58	0.2	5:23	8:20	
6	Fri	3:39	1.3	4:20	1.2	10:41	0.0	11:07	0.2	5:22	8:21	
7	Sat	4:34	1.2	5:14	1.2	11:39	0.0			5:22	8:22	
8	Sun	5:28	1.2	6:07	1.2	12:15	0.2	12:34	0.1	5:22	8:22	
9	Mon	6:23	1.1	7:01	1.2	1:17	0.2	1:25	0.1	5:22	8:23	
10	Tue	7:20	1.1	7:53	1.3	2:12	0.2	2:11	0.1	5:22	8:23	
11	Wed	8:15	1.0	8:40	1.3	3:02	0.1	2:55	0.1	5:22	8:24	
12	Thu	9:05	1.0	9:23	1.3	3:48	0.1	3:37	0.1	5:21	8:24	
13	Fri	9:51	1.0	10:03	1.3	4:33	0.1	4:20	0.2	5:21	8:25	
14	Sat	10:34	1.0	10:41	1.3	5:18	0.1	5:03	0.2	5:21	8:25	
15	Sun	11:16	1.0	11:19	1.3	6:01	0.1	5:46	0.2	5:21	8:26	
16	Mon	11:58	1.0	11:56	1.2	6:41	0.1	6:27	0.2	5:21	8:26	
17	Tue			12:41	1.0	7:20	0.1	7:07	0.2	5:22	8:26	
18	Wed	12:33	1.2	1:25	1.0	7:56	0.1	7:44	0.3	5:22	8:27	
19	Thu	1:11	1.2	2:10	1.0	8:32	0.1	8:22	0.3	5:22	8:27	
20	Fri	1:51	1.1	2:55	1.0	9:07	0.2	9:03	0.3	5:22	8:27	
21	Sat	2:36	1.1	3:38	1.0	9:46	0.2	9:53	0.3	5:22	8:27	
22	Sun	3:23	1.1	4:21	1.1	10:30	0.2	10:58	0.3	5:22	8:28	
23	Mon	4:13	1.1	5:05	1.1	11:22	0.2			5:23	8:28	
24	Tue	5:06	1.0	5:55	1.2	12:08	0.3	12:17	0.2	5:23	8:28	
25	Wed	6:05	1.0	6:52	1.3	1:13	0.2	1:14	0.1	5:23	8:28	
26	Thu	7:13	1.0	7:52	1.4	2:14	0.2	2:10	0.1	5:24	8:28	
27	Fri	8:20	1.1	8:51	1.4	3:11	0.1	3:06	0.1	5:24	8:28	
28	Sat	9:20	1.1	9:46	1.5	4:07	0.0	4:03	0.0	5:24	8:28	
29	Sun	10:17	1.2	10:39	1.5	5:03	-0.1	5:01	0.0	5:25	8:28	
30	Mon	11:12	1.2	11:33	1.5	5:58	-0.1	5:59	0.0	5:25	8:28	