

## Gilgo Heading, NY - Aug 1969

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Fri | 1:01  | 1.4 | 1:37  | 1.3 | 8:01  | -0.1 | 8:22  | 0.0  | 5:50                                                                                | 8:09 |    |
| 2    | Sat | 1:53  | 1.3 | 2:30  | 1.3 | 8:45  | -0.1 | 9:13  | 0.1  | 5:51                                                                                | 8:08 |    |
| 3    | Sun | 2:46  | 1.2 | 3:21  | 1.3 | 9:30  | 0.0  | 10:09 | 0.2  | 5:52                                                                                | 8:07 |    |
| 4    | Mon | 3:38  | 1.1 | 4:10  | 1.2 | 10:18 | 0.1  | 11:10 | 0.3  | 5:53                                                                                | 8:05 |    |
| 5    | Tue | 4:28  | 1.1 | 4:58  | 1.2 | 11:10 | 0.2  |       |      | 5:54                                                                                | 8:04 |    |
| 6    | Wed | 5:19  | 1.0 | 5:47  | 1.2 | 12:14 | 0.3  | 12:05 | 0.3  | 5:55                                                                                | 8:03 |    |
| 7    | Thu | 6:14  | 1.0 | 6:41  | 1.2 | 1:14  | 0.3  | 1:01  | 0.3  | 5:56                                                                                | 8:02 |    |
| 8    | Fri | 7:14  | 0.9 | 7:38  | 1.2 | 2:09  | 0.3  | 1:54  | 0.3  | 5:57                                                                                | 8:01 |    |
| 9    | Sat | 8:13  | 1.0 | 8:31  | 1.2 | 2:57  | 0.2  | 2:43  | 0.3  | 5:58                                                                                | 7:59 |    |
| 10   | Sun | 9:04  | 1.0 | 9:17  | 1.2 | 3:42  | 0.2  | 3:30  | 0.2  | 5:59                                                                                | 7:58 |    |
| 11   | Mon | 9:49  | 1.1 | 9:58  | 1.3 | 4:26  | 0.2  | 4:16  | 0.2  | 6:00                                                                                | 7:57 |    |
| 12   | Tue | 10:29 | 1.1 | 10:35 | 1.3 | 5:08  | 0.1  | 5:01  | 0.2  | 6:01                                                                                | 7:56 |    |
| 13   | Wed | 11:08 | 1.1 | 11:10 | 1.3 | 5:47  | 0.1  | 5:44  | 0.2  | 6:02                                                                                | 7:54 |   |
| 14   | Thu | 11:44 | 1.1 | 11:43 | 1.3 | 6:24  | 0.1  | 6:25  | 0.2  | 6:03                                                                                | 7:53 |  |
| 15   | Fri |       |     | 12:19 | 1.2 | 6:58  | 0.1  | 7:03  | 0.2  | 6:04                                                                                | 7:51 |  |
| 16   | Sat | 12:16 | 1.2 | 12:54 | 1.2 | 7:29  | 0.1  | 7:41  | 0.2  | 6:05                                                                                | 7:50 |  |
| 17   | Sun | 12:51 | 1.2 | 1:31  | 1.2 | 7:59  | 0.1  | 8:19  | 0.2  | 6:06                                                                                | 7:49 |  |
| 18   | Mon | 1:32  | 1.1 | 2:14  | 1.2 | 8:30  | 0.1  | 9:03  | 0.2  | 6:06                                                                                | 7:47 |  |
| 19   | Tue | 2:20  | 1.1 | 3:04  | 1.2 | 9:06  | 0.1  | 9:59  | 0.3  | 6:07                                                                                | 7:46 |  |
| 20   | Wed | 3:17  | 1.0 | 3:59  | 1.3 | 9:53  | 0.2  | 11:11 | 0.3  | 6:08                                                                                | 7:44 |  |
| 21   | Thu | 4:18  | 1.0 | 4:58  | 1.3 | 11:01 | 0.2  |       |      | 6:09                                                                                | 7:43 |  |
| 22   | Fri | 5:23  | 1.0 | 6:03  | 1.3 | 12:28 | 0.3  | 12:22 | 0.2  | 6:10                                                                                | 7:41 |  |
| 23   | Sat | 6:36  | 1.0 | 7:14  | 1.3 | 1:37  | 0.2  | 1:36  | 0.2  | 6:11                                                                                | 7:40 |  |
| 24   | Sun | 7:50  | 1.1 | 8:21  | 1.4 | 2:38  | 0.1  | 2:40  | 0.1  | 6:12                                                                                | 7:38 |  |
| 25   | Mon | 8:54  | 1.2 | 9:19  | 1.5 | 3:33  | 0.0  | 3:40  | 0.0  | 6:13                                                                                | 7:37 |  |
| 26   | Tue | 9:49  | 1.3 | 10:11 | 1.5 | 4:26  | -0.1 | 4:37  | 0.0  | 6:14                                                                                | 7:35 |  |
| 27   | Wed | 10:40 | 1.3 | 11:00 | 1.5 | 5:16  | -0.1 | 5:31  | 0.0  | 6:15                                                                                | 7:34 |  |
| 28   | Thu | 11:29 | 1.4 | 11:47 | 1.5 | 6:04  | -0.1 | 6:23  | -0.1 | 6:16                                                                                | 7:32 |  |
| 29   | Fri |       |     | 12:16 | 1.4 | 6:48  | -0.1 | 7:12  | 0.0  | 6:17                                                                                | 7:31 |  |
| 30   | Sat | 12:35 | 1.4 | 1:04  | 1.4 | 7:30  | -0.1 | 7:58  | 0.0  | 6:18                                                                                | 7:29 |  |
| 31   | Sun | 1:23  | 1.3 | 1:52  | 1.3 | 8:10  | 0.0  | 8:44  | 0.1  | 6:19                                                                                | 7:27 |  |