

Gilgo Heading, NY - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:18	1.1	3:47	0.8	10:44	0.1	10:36	0.1	6:27	5:44	
2	Mon	4:23	1.1	4:58	0.9			12:01	0.1	6:26	5:45	
3	Tue	5:36	1.1	6:14	0.9	12:01	0.1	1:06	0.0	6:24	5:46	
4	Wed	6:49	1.2	7:23	1.0	1:12	0.0	2:03	-0.1	6:22	5:47	
5	Thu	7:51	1.3	8:21	1.1	2:13	-0.1	2:56	-0.2	6:21	5:48	
6	Fri	8:45	1.3	9:12	1.2	3:10	-0.2	3:46	-0.3	6:19	5:50	
7	Sat	9:34	1.4	10:00	1.3	4:05	-0.2	4:35	-0.3	6:18	5:51	
8	Sun	10:22	1.3	10:47	1.3	4:58	-0.3	5:20	-0.3	6:16	5:52	
9	Mon	11:09	1.3	11:34	1.3	5:47	-0.3	6:04	-0.3	6:15	5:53	
10	Tue	11:58	1.2			6:34	-0.2	6:45	-0.2	6:13	5:54	
11	Wed	12:21	1.3	12:48	1.1	7:20	-0.1	7:26	-0.1	6:11	5:55	
12	Thu	1:10	1.2	1:40	1.0	8:08	0.0	8:09	0.0	6:10	5:56	
13	Fri	2:01	1.1	2:34	0.9	9:01	0.1	8:57	0.1	6:08	5:57	
14	Sat	2:52	1.1	3:28	0.9	10:03	0.2	9:56	0.2	6:06	5:58	
15	Sun	3:45	1.0	4:23	0.8	11:11	0.2	11:05	0.3	6:05	5:59	
16	Mon	4:41	1.0	5:22	0.8			12:15	0.2	6:03	6:00	
17	Tue	5:43	0.9	6:24	0.9	12:11	0.2	1:09	0.2	6:02	6:01	
18	Wed	6:44	1.0	7:20	0.9	1:07	0.2	1:55	0.1	6:00	6:03	
19	Thu	7:37	1.0	8:07	1.0	1:57	0.2	2:36	0.1	5:58	6:04	
20	Fri	8:20	1.1	8:47	1.1	2:42	0.1	3:16	0.0	5:57	6:05	
21	Sat	8:58	1.1	9:23	1.1	3:26	0.0	3:54	0.0	5:55	6:06	
22	Sun	9:34	1.1	9:57	1.2	4:08	0.0	4:30	0.0	5:53	6:07	
23	Mon	10:07	1.1	10:28	1.2	4:49	0.0	5:05	0.0	5:52	6:08	
24	Tue	10:40	1.1	11:00	1.2	5:29	0.0	5:38	0.0	5:50	6:09	
25	Wed	11:14	1.1	11:33	1.2	6:07	0.0	6:10	0.0	5:48	6:10	
26	Thu	11:52	1.0			6:45	0.0	6:41	0.0	5:47	6:11	
27	Fri	12:12	1.2	12:37	1.0	7:25	0.0	7:16	0.1	5:45	6:12	
28	Sat	1:00	1.2	1:33	0.9	8:12	0.1	8:00	0.1	5:43	6:13	
29	Sun	1:59	1.2	2:36	0.9	9:13	0.1	9:02	0.2	5:42	6:14	
30	Mon	3:04	1.1	3:42	0.9	10:28	0.1	10:30	0.2	5:40	6:15	
31	Tue	4:10	1.1	4:50	1.0	11:41	0.1	11:52	0.1	5:38	6:16	